

# **TEMPOROMANDIBULAR JOINT ANKYLOSIS**

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# INTRODUCTION

Ankylosis is the Greek term for “stiff joint”

TMJ ankylosis is a distressing structural condition that involves pathologic changes in the anatomic and physiologic integrity of the joint surfaces that result in limitations of mandibular movement that vary from slight opening interference to nearly complete inability to open the jaws accompanied by

- Difficulties in chewing and speech
- Poor oral hygiene
- Mandibular growth disturbances that interfere with normal social life

Reza Movahedet al, Management of Temporomandibular Joint Ankylosis; Oral Maxillofacial Surg Clin N Am 27 (2015) 27–35

# HISTORICAL PERSPECTIVES

- Burton in 1826 described the treatment of ankylosis by the formation of artificial joints
- Verneuil in 1826 was the first to do gap arthroplasty
- Humphry performed first condylectomy for ankylosis in 1854
- In 1914, Murphy reported the use of autogenous graft as interposition after lysis of TMJ ankylosis
- Risdon applied free muscle to the problem in 1934
- In 1942, Pickerill propounded that the ankylosed TMJ should be reconstructed by means of cartilage graft

- Gordon in 1955 used alloplastic material to replace TMJ disc after discectomy.
- Georgiade first described the use of the dermis as a disc replacement in 1957.
- The use of autogenous auricular cartilage as a replacement for the disc was first introduced by Perko in 1973.
- In 1990 Kaban gave protocol for the management of ankylosis which was modified in 2009.
- Wolford first used specific surgical protocol for management using TMJ prosthesis in 1992

# ANATOMY

- Temporomandibular joint is a complex structure composed of several components.
- The TMJ is a ginglymoarthrodial joint, a term that is derived from ginglymus, meaning a hinge joint, allowing motion only backward and forward in one plane
- Aarthrodia, meaning a joint of which permits a gliding motion of the surfaces.

# Articular Surfaces

## Mandibular Component

- Consists of an ovoid condylar process seated atop a narrow mandibular neck. It is 15 to 20 mm side to side and 8 to 10mm from front to back
- The lateral pole of the condyle is rough, bluntly pointed, and projects only moderately from the plane of ramus, while the medial pole extends sharply inward
- Condyle is rounded mediolaterally and convex anteroposteriorly,



# Cranial Component

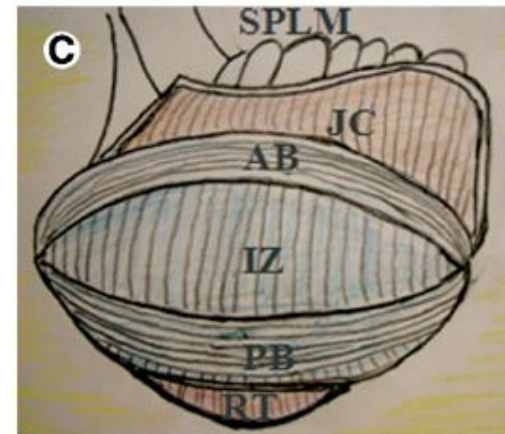
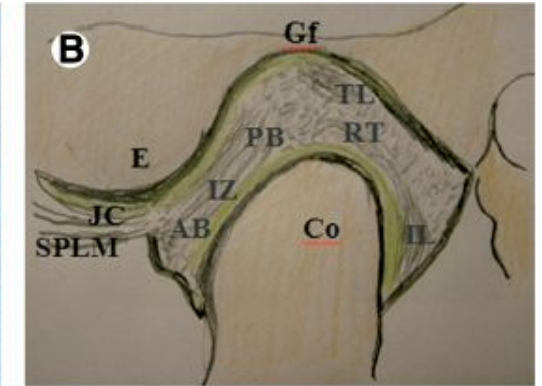
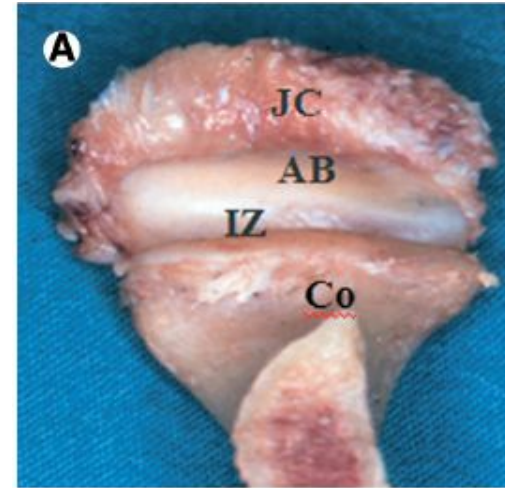
- The articular surface (mandibular fossa) of the temporal bone is situated on the inferior aspect of temporal squama anterior to tympanic plate.
- Articular eminence
- Articular tubercle
- Preglenoid plane
- Posterior articular ridge and the postglenoid process





# Articular Disk

- It is a biconcave fibrocartilaginous structure located between the mandibular condyle and the temporal bone.
- Its functions to accommodate a hinging action as well as the gliding actions between the temporal and mandibular articular bone

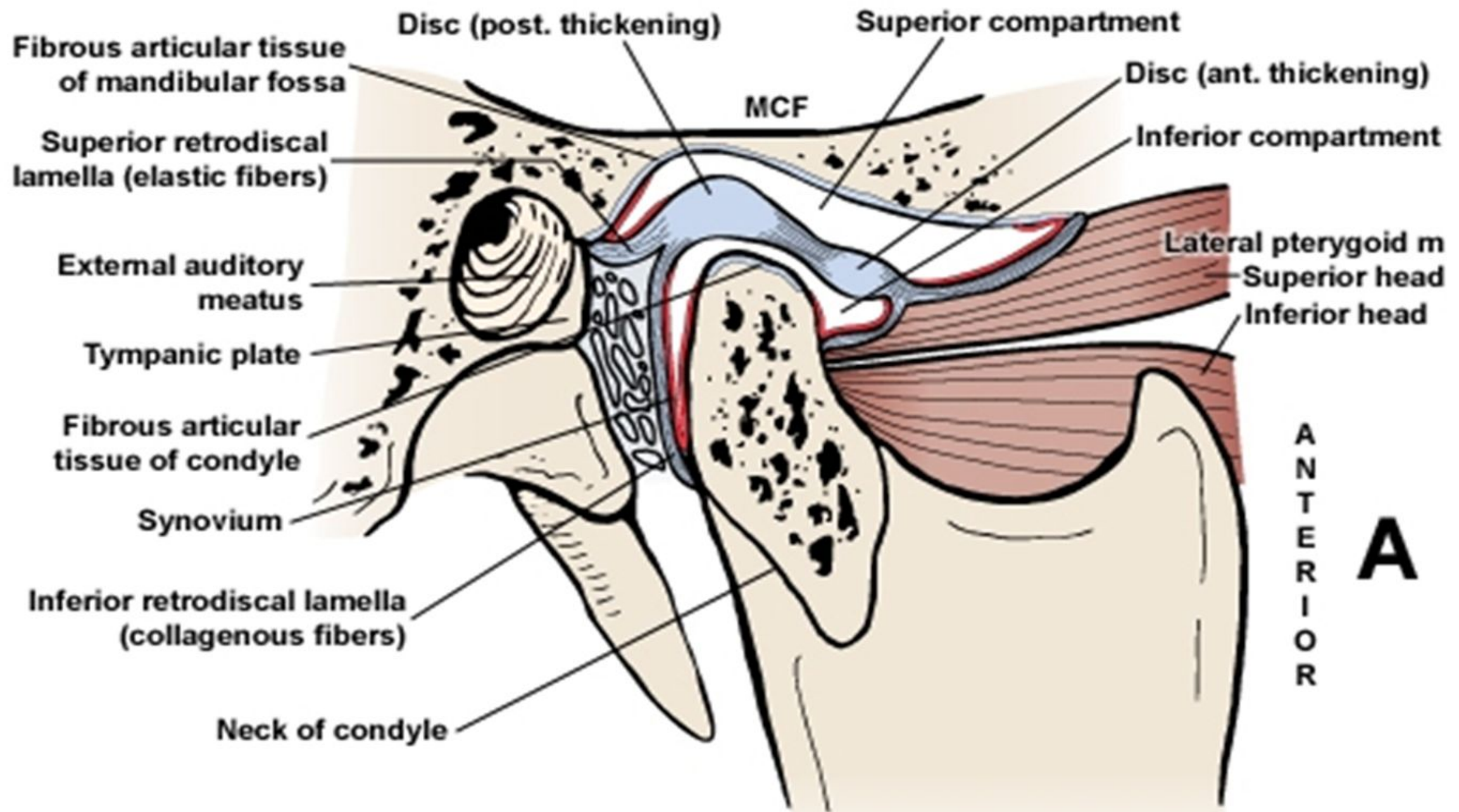


**Figure 5** Components of the disk. AB: Anterior band; IZ: intermedius zone; PB: posterior band; SPLM: superior pterigoide lateral muscle; RT: retrodiskal tissue; TL: temporal lamina; IL: inferior lamina; JC: joint capsule; Gf: glenoid fossa; E: articular eminence; Co: condylar head of the mandible. (Color version of figure is available online.)

- Divides the joint into a larger upper compartment and a smaller lower compartment
- Divided into an anterior band of 2 mm in thickness, a posterior band 3 mm thick, and thin in the centre intermediate band of 1 mm thickness.

## Retrodiskal tissue

- Highly vascular and innervated tissue.
- Articular disk blends with it posteriorly
- It is a bilaminar zone.
- Superior retrodiskal lamina – attaches to the tympanic plate and restricts disk displacement during translatory movement
- Inferior retrodiskal lamina – it connects the articular disk to the posterior margin of the condyle, serves as a check to restrict extreme rotation of the disk



Fibrous articular tissue of mandibular fossa

Disc (post. thickening)

Superior compartment

Disc (ant. thickening)

Superior retrodiscal lamella (elastic fibers)

MCF

Inferior compartment

External auditory meatus

Lateral pterygoid m

Tympanic plate

Superior head

Fibrous articular tissue of condyle

Inferior head

Synovium

A  
N  
T  
E  
R  
I  
O  
R

A

Inferior retrodiscal lamella (collagenous fibers)

Neck of condyle

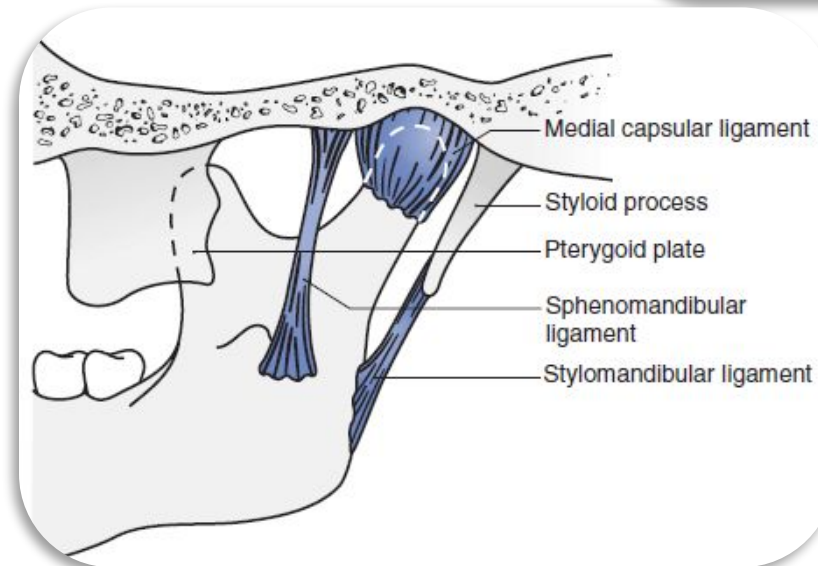
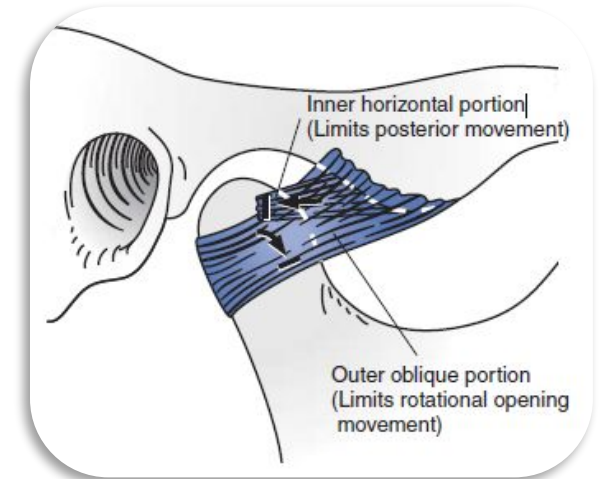
# TMJ ligament complex

## 3 functional ligaments

- Collateral
- Capsular
- Temporomandibular or lateral

## 2 accessory ligaments

- Sphenomandibular
- Stylomandibular



- Ligaments provide stability to the joint
- The disc is attached to the condyle medially and laterally by ***collateral ligament***
- Restricts the movement of the disc away from the condyle as the disc glides anteriorly and posteriorly and also aids in hinging movement of condyle
- ***Capsular ligament*** thin loose envelope attachment above the circumference of the mandibular fossa and articular tubercle below to the neck of the condyle

- ***Temporomandibular ligament*** arises from lateral border of articular eminence and the zygomatic arch insert into posterior border of condylar head and limit the protraction, inferior distraction and posterior movements of the condyle.
- ***Sphenomandibular ligament***: originates from anterior process of malleus, tip of pterygo tympanic fissure and spine of sphenoid and insert into lingula.
- ***Stylomandibular ligament*** attaches to styloid process above and a posterior border of ramus and accessory ligaments limits extreme of anterior movement of the condyle in relation to fossa

# Vascular supply

- Branch of Superficial temporal artery runs deep to parotid, emerges behind the neck of condyle
- Branch of Transverse facial artery  
Departs from the superficial temporal artery and travels across the face about 1.5 cm inferior to the zygomatic arch
- Deep Auricular artery, Ascending pharyngeal artery.
- Anterior tympanic artery  
Branche of maxillary artery that enter the joint from the anterior and the medial aspect.



## **Lubrication of the Joint**

- The synovial fluid comes from two sources: first
- From plasma by dialysis, and second, by secretion from type A and B synoviocytes with a volume of no more than 2 ml within each TMJ
- Upper compartment could hold approximately 1.2 ml of fluid
- Lower has a capacity of approximately 0.5 – 0.9 ml

# Surgical anatomy

## Talebzadeh et al

- Outer aspect of zygomatic arch to middle meningeal artery – 31mm
- Antero posterior distance from middle meningeal artery to glenoid fossa – 2.4mm
- Zygomatic arch to carotid artery – 37.5mm
- Zygomatic arch to IJV – 38.3mm
- Height of glenoid fossa to mandibular nerve – 9.2mm

# Etiology of Ankylosis

## Trauma

- At birth – forceps delivery
- Hemarthrosis (direct/indirect trauma)
- Condylar fracture –intracapsular/ extracapsular
- Glenoid fossa fracture ( rare )

Shashikiran et al; Management of TMJ ankylosis in growing children; J of indian Pedo prev dent 2005

## Infections

- Otitis media

## Inflammation

- Rheumatoid arthritis
- Osteoarthritis
- Septic arthritis – hematogenous spread
- Ankylosing spondylitis

## Rare causes

- Polyarthrititis
- Measles
- Small pox

## Other causes

- Bifid condyle
- Prolonged trismus
- Prolonged immobilization
- Idiopathic
- Burns
- Tumors

## Etiology of pseudoankylosis

- Depressed zygomatic arch
- Fracture dislocation of condyle
- Hypertrophy of coronoid process
- Fibrosis of temporalis muscle
- Scar contracture
- Tumour of condyle or coronoid

# **PATHOGENESIS**

# PATHOPHYSIOLOGY

INTRACAPSULAR FRACTURE OF BONE



BLEEDING WITHIN JOINT CAVITY (HEMARTHROSIS)



BONE FRAGMENTS WITH VERY HIGH  
OSTEOGENIC POTENTIAL



ORGANISATION OF HAEMATOMA WITHIN JOINT



CONVERSION TO FIBROUS TISSUE



SUBSEQUENTLY TO BONE



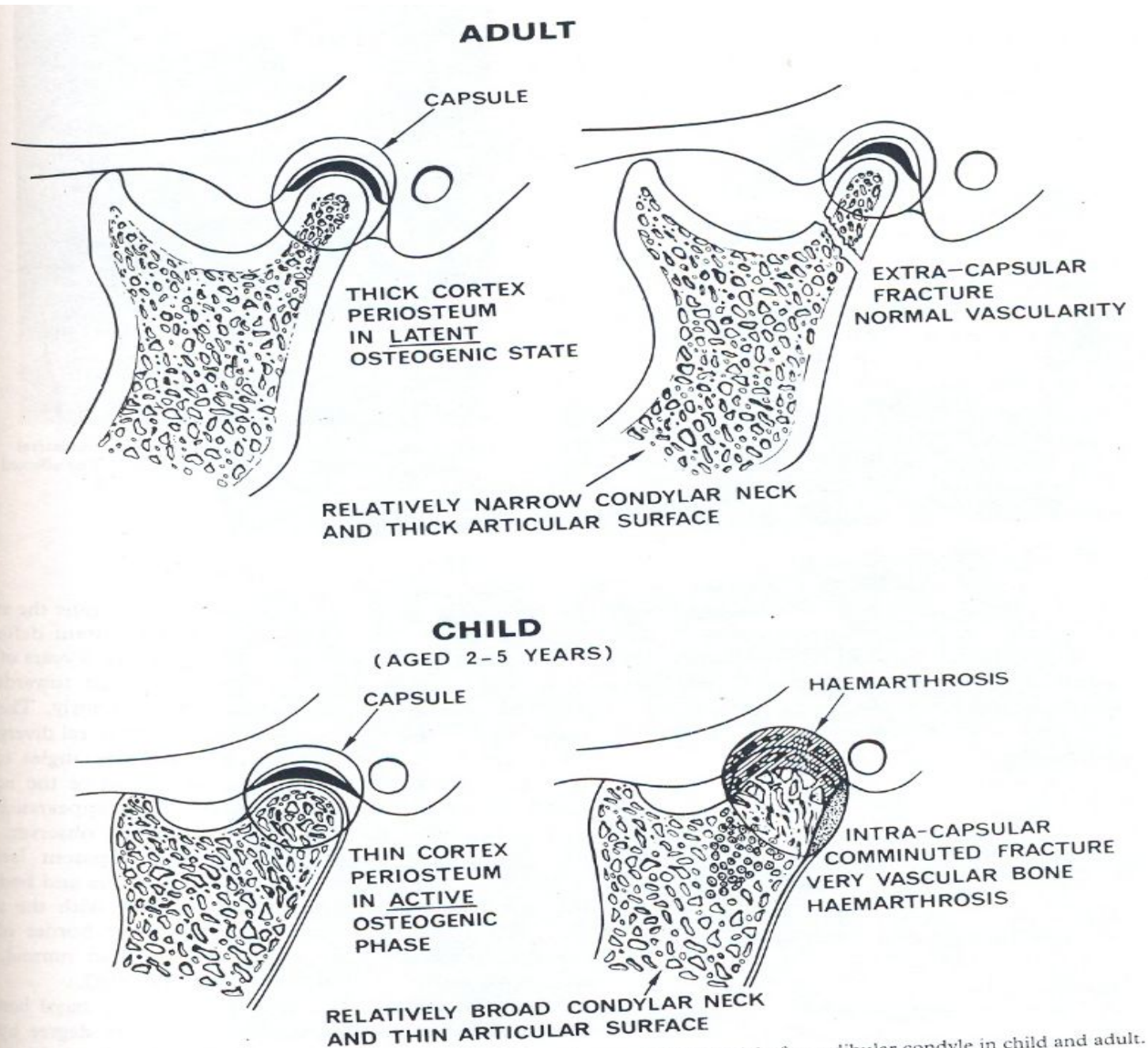


Fig. 14.37 Drawings to show shape, vascularity and osteogenic potential of mandibular condyle in child and adult.

# Infection

Organisms may reach the joint by

Hematogenous

Contiguous

Direct inoculation

Organisms responsible for infection of the TMJ-staphylococci, streptococci and occasionally gonococci.

- Markey et al experimented on young monkeys to create TMJ ankyloses.
- He attempted a surgical intra capsular fracture followed by IMF.
- It was concluded that trauma followed by long term fixation had no effect in promoting ankylosis or significant limitation of jaw movement.
- It is suggested that when considering the role of trauma in the aetiology of ankylosis, attention be given to those factors which may complicate an existing trauma.

*Ronald J. MARKEY, Bryce E. POTTER, Ben C. MOFFETT Condylar Trauma and Facial Asymmetry: An Experimental Study J, max.-fac. Surg. 8 (1980) 38-51*

- Hohl et al. subjected the condylar fractures in monkeys with various modalities such as mechanical damage, chemical damage and bone grafting and bacterial infection.
- They concluded that the mechanical damage coupled with bone grafting significantly induced TMJ ankyloses.

*Thomas H. Hohl, Peter A. Shapiro, Benjamin C. Moffett, Alison Ross Experimentally Induced Ankylosis and Facial Asymmetry in the Macaque Monkey .J max.-fac. Surg. 9 (1981) 199-210*

- Using sheep models Miyamoto et al concluded when mandibular movements are restricted the chance of TMJ ankyloses increased.
- He also showed the disc guards the TMJ from the occurrence of intracapsular fibrous ankyloses

*Hizuru Miyamoto et al The Effect of Autogenous Costochondral Grafts on Temporomandibular Joint Fibrous and Bony Ankylosis: A Preliminary Experimental Study., J Oral Maxillofac Surg 64:1517-1525, 2006*

# Classification

- True / false
- Complete / partial
- Bony / fibrous / fibro-osseous
- Intra articular / extra articular
- Unilateral / bilateral

## **Kazanjian (1938):**

### a. True ankylosis:

Any condition that produced fibrous or bony adhesions between the articular surfaces of the TMJ

### b. False ankylosis:

Condition resulting from pathologic condition outside of the joint that resulted in limited mandibular mobility

# Joram Raveh and Thierry Vuillemin Classification

**Class 1** ankylotic bony tissue limited to the condylar process and articulate fossa

**Class 2** the bone mass extends out of the fossa involving the medial aspect of the skull base upto the carotid jugular vessels

**Class 3** extension and penetration into the middle cranial fossa

**Class 4** combination of class 2 and class 3

*JORAM RAVEH et al., Temporomandibular Joint Ankylosis: Surgical Treatment and Long-Term Results, J Oral Mamilofac Surg 47:900-906. 1969*



## **Rowe's Modification (1986):**

Based on location:

- Intra articular
- Extra articular

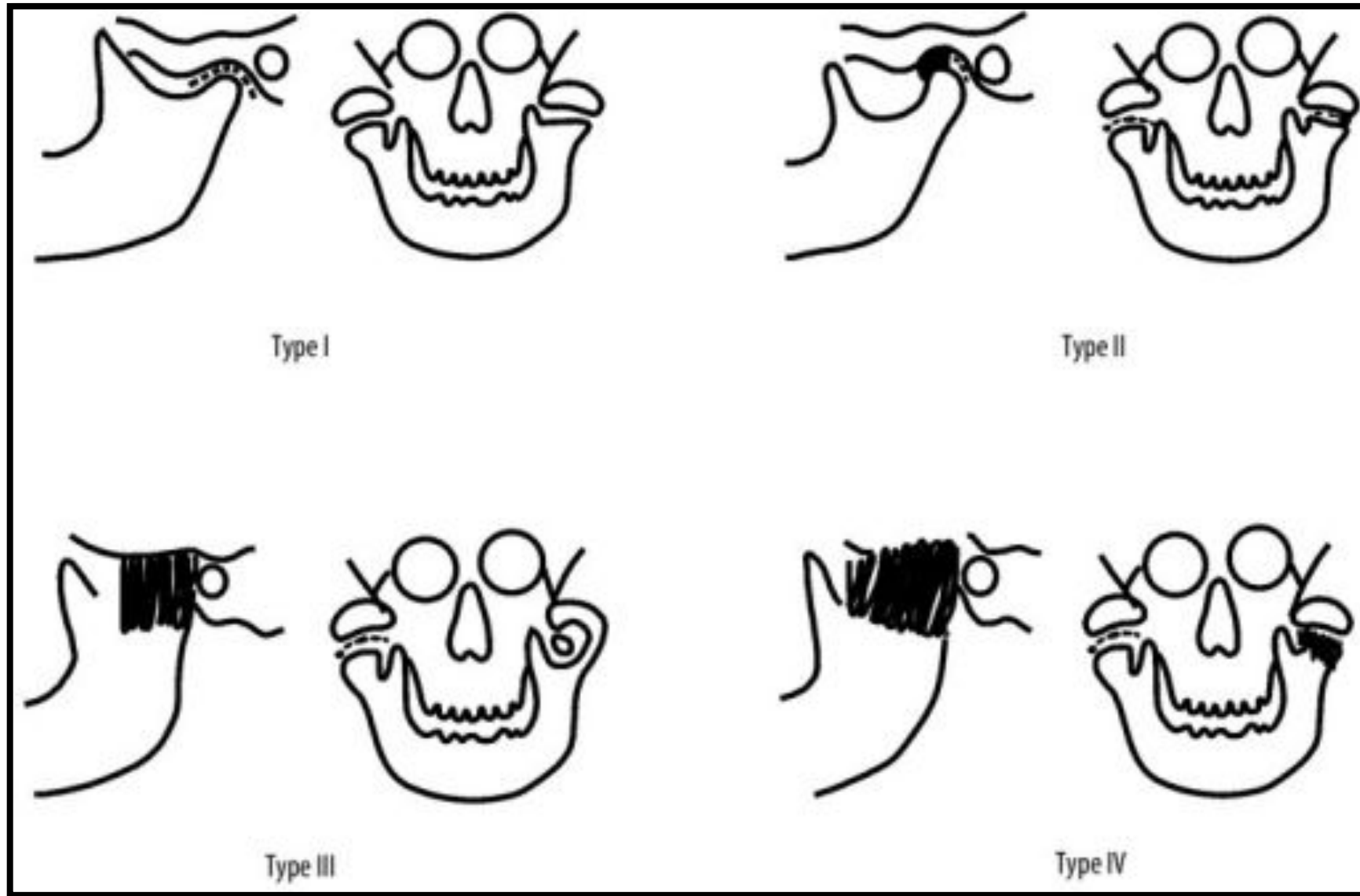
Type of tissue involved

- Bony
- Fibrous
- Fibro osseous

Extent of fusion

- Complete
- Incomplete

# Sawhney's classification (1986):



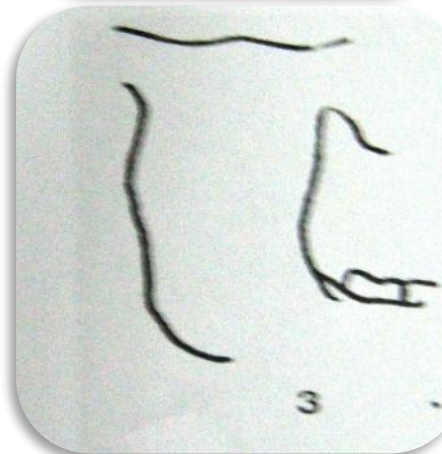
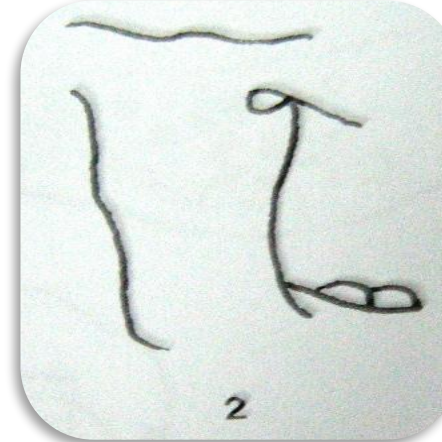
Type I	<p>– decreased joint space with dense fibrous adhesion (The condyle is present and there are only fibrous adhesions)</p>
Type II	<p>–decreased joint space with dense fibrous adhesion , which also exhibits lateral lipping and bony bridge. (There is bone fusion, the condyle is remodeled, and the medial pole is intact)</p>
Type III	<p>– broad bony bridging from the lateral ramus to the zygomatic arch . (There is an ankylotic block, the mandibular ramus is fused to the zygomatic arch, the medial pole remains intact)</p>
Type IV	<p>- complete bony fusion.</p>

## Topazian

Proposed a three-stage classification to grade complete ankylosis as follows:

- **Stage I** ankylotic bone limited to the condylar process;
- **Stage II** ankylotic bone extending to the sigmoid notch;
- **Stage III** ankylotic bone extending to the coronoid process.

*Richard G. Topazian Discussion: A Protocol for Management of Temporomandibular Joint Ankylosis J Oral Maxillofac Surg 48:1152, 1990*



# Classification of TMJ altered morphology based on CT-scan:

**Type I:** The condyle can be identified even though flattened, irregular, partially resorbed.

- Its usually medially angulated.
- The articular fossa is correspondingly irregular, shallow or deep and usually sclerosed; the sclerosis extended to adjacent areas of the temporal bone.
- There is a mild to moderate amount of bone formation.
- This extended from the lateral superior aspect of the ramus to the squamous temporal bone and / or zygomatic arch, frequently encroaching on the lateral part of the articular fossa.

Sashi Aggarwal, et al ; Bony ankylosis of the temporomandibular joint: A computed tomography study; oral surgery oral pathology oral medicine 1990 69:1128-132

**Type II:** The joint architecture is completely disrupted with no recognizable condyle or articular fossa.

- There is a large mass of new bone, funnel shaped, extending from the thickened ramus to the grossly sclerosed and irregular base of the skull.

# Modified classification based on CT-scan:

## Class I:

Includes unilateral and bilateral fibrous ankylosis.

The condyle and glenoid fossa retain their original shape, and the maxillary artery is in normal anatomical relation to the ankylosed mass.

## Class II:

There is unilateral or bilateral bony fusion between the condyle and the temporal bone.

The maxillary artery lies in normal anatomical relation to the ankylosed mass.

### **Class III:**

The distance between the maxillary artery and the medial pole of the mandibular condyle is less on the ankylosed side than in the normal side. This is best seen on coronal CT.

### **Class IV:**

The ankylosed mass appeared fused to the base of the skull and there is extensive bone formation, especially from the medial aspect of the condyle to the extent that the ankylosed bony mass is in close relationship to the vital structures at the base of the skull such as the pterygoid plates, the carotid and jugular foramina and foramen spinosum

No joint anatomy can be defined from the radiograph. This is best visualized on axial CT.

El-Hakim et al; Imaging of temporomandibular joint ankylosis. A new radiographic classification; Dentomaxillofacial Radiology (2002) 31, 19±23.



## **Ninth Shangai Classification**

**Type A1** fibrous ankylosis without bony fusion of the joint

**Type A2** ankylosis with bony fusion on the lateral side of the joint, while the residual condyle fragment is bigger than 0.5 cm of the condylar head in the medial side

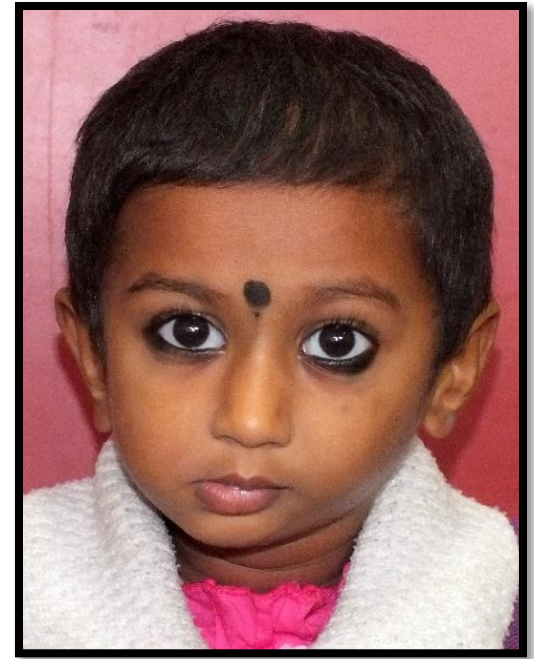
**Type A3** similar to A2, but the residual condylar fragment is smaller than 0.5 cm of the condylar head.

**Type A4** is ankylosis with complete bony fusion of the joint

*Dongmei He et al., Traumatic Temporomandibular Joint Ankylosis: Our Classification and Treatment Experience J Oral Maxillofac Surg 69:1600-1607, 2011*

# UNILATERAL ANKYLOSIS

- Gross facial asymmetry
- Deviation to affected side
- Hypoplastic mandible on affected side
- Prominent Antegonial notch
- Convex profile
- No cervico mental angle
- Condylar movements absent/ reduced on affected side
- Microgenia

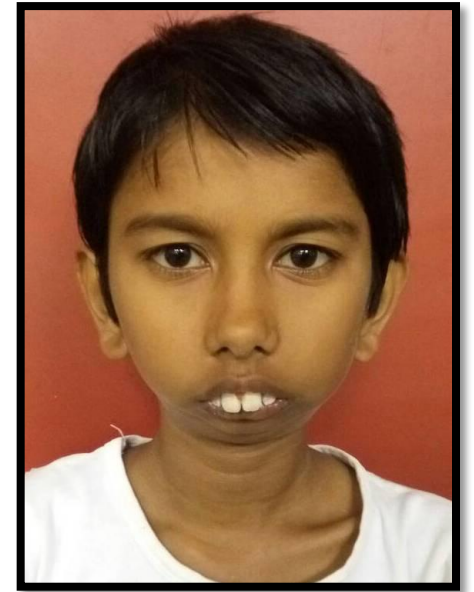


## Intra oral

- Occlusal cant
- Class II malocclusion
- Cross bite may be seen
- Periodontal diseases
- Multiple impacted/supernumerary teeth
- Decreased interincisal opening

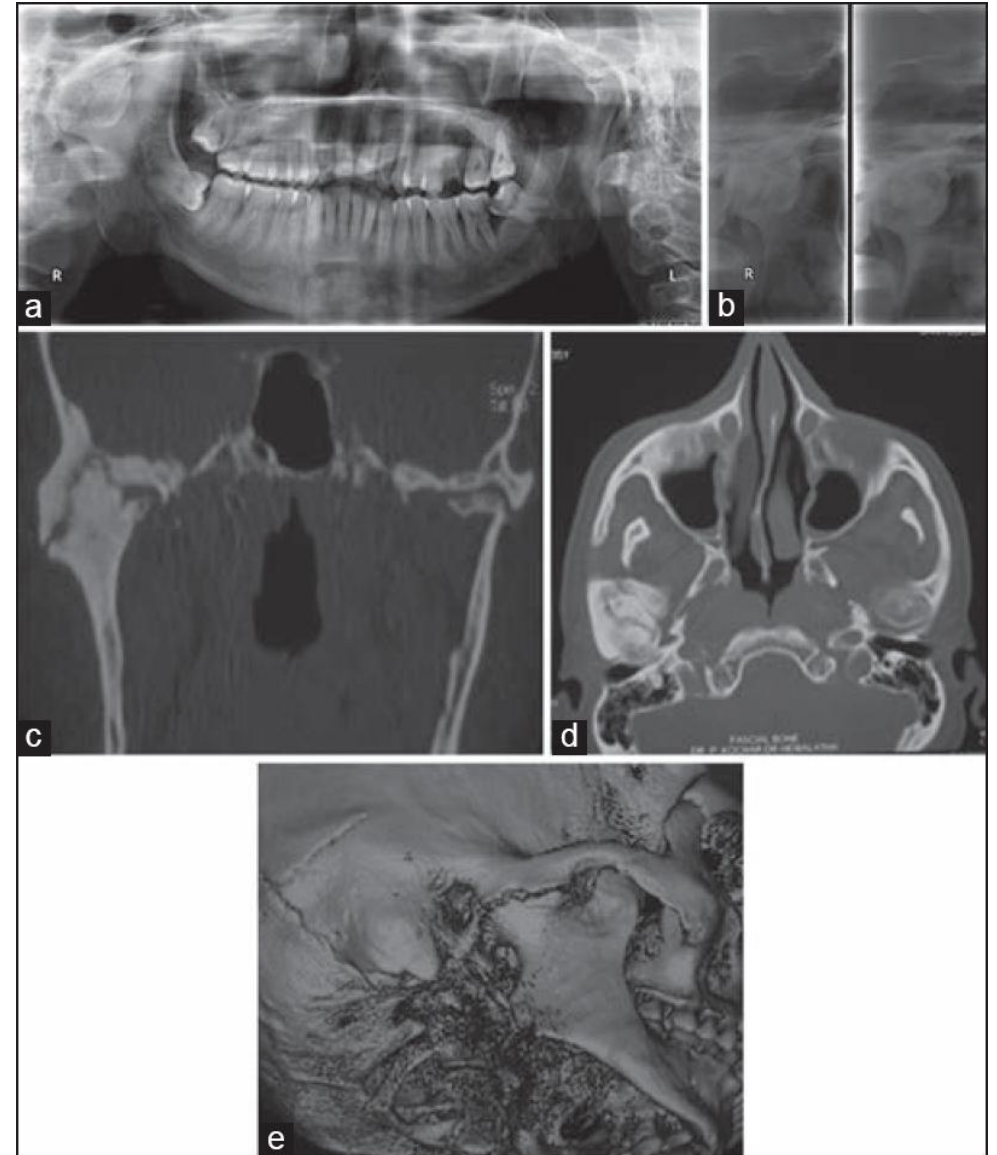
## BILATERAL ANKYLOSIS

- Mouth opening decreased or absent
- Mandible is micrognathic, retrognathism
- Bird face deformity (Andy gump)
- Neck chin angle is reduced or absent
- Multiple carious tooth
- Convex profile
- Upper incisors often protrusive
- No joint movements palpated
- Markedly elongated coronoid process
- Double chin



# IMAGING MODALITIES

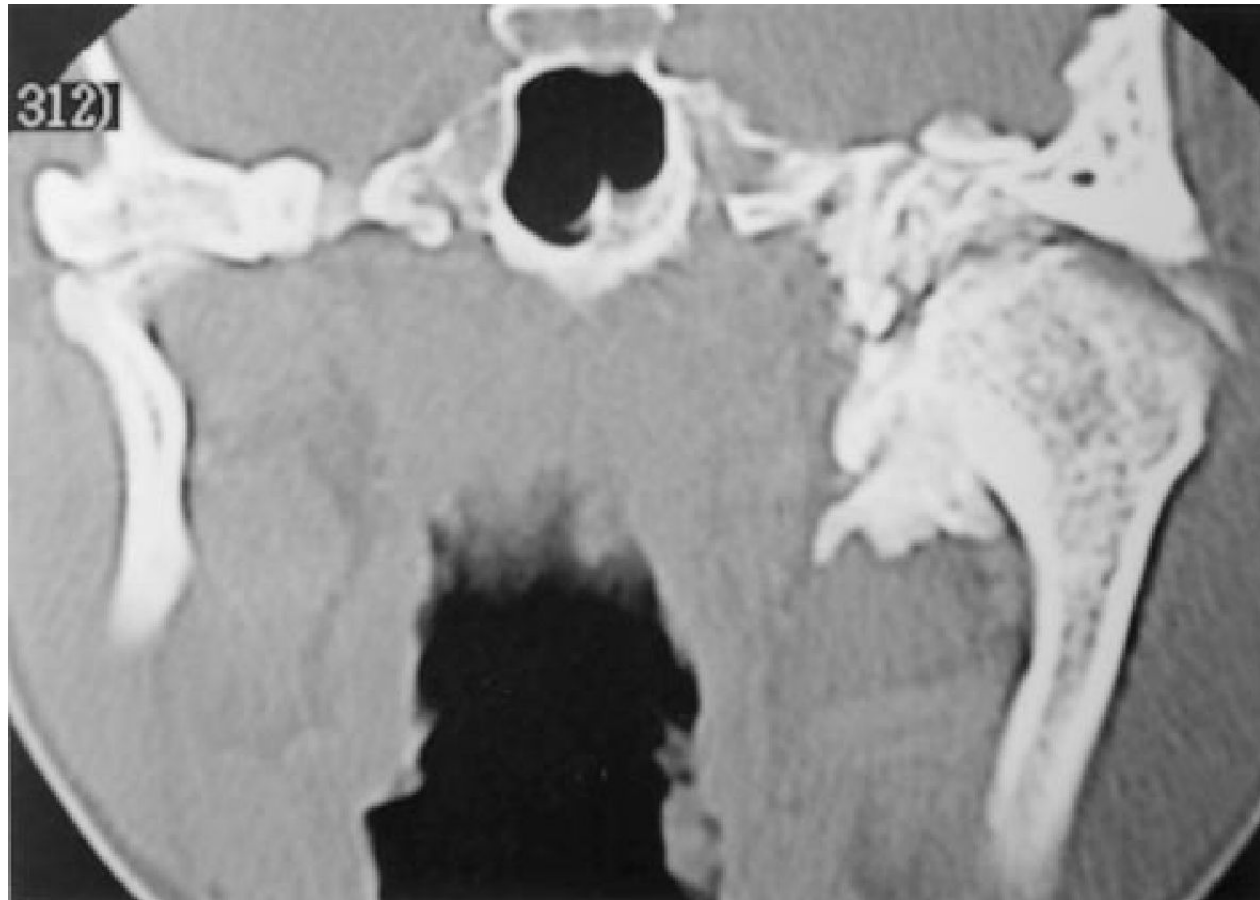
- OPG
- Trans cranial,  
transpharyngeal
- Trans maxillary/ trans orbital
- Reverse towns
- Lateral oblique
- CT
- MRI
- CBCT
- Stereolithographic models



## Panoramic views

- Do not reveal the nature & extent of the pathology, in particular the medial & lateral extension of the ankylosed bony mass, & its relation to surrounding vital structures.





Coronal CT showing bony exostoses in the glenoid fossa superiorly as well as medial on the condylar head, resulting in bony ankylosis

El-Hakim et al; Imaging of temporomandibular joint ankylosis. A new radiographic classification; Dentomaxillofacial Radiology (2002) 31, 19±23.



3D CT of an ankylosed joint with an elongated coronoid process that projects clearly under the zygomatic arch

El-Hakim et al; Imaging of temporomandibular joint ankylosis. A new radiographic classification; Dentomaxillofacial Radiology (2002) 31, 19±23.



# TREATMENT OBJECTIVES

- Restore mouth opening
- Restore joint function
- Correct facial profile
- Relieve upper airway obstruction

# Kaban's protocol

1. Aggressive resection
2. Ipsilateral coronoidectomy
3. Contralateral coronoidectomy (if necessary)
4. Lining of TMJ with temporalis fascia or cartilage
5. Reconstruction of ramus using costochondral graft
6. Rigid fixation of the graft
7. Early mobilization and aggressive physiotherapy

## Table 1. PROTOCOL FOR MANAGEMENT OF TMJ ANKYLOSIS IN CHILDREN

1. Aggressive excision of fibrous and/or bony mass
  2. Coronoidectomy on affected side
  3. Coronoidectomy on opposite side if steps 1 and 2 do not result in MIO of  $>35$  mm or to point of dislocation of opposite side
  4. Lining of joint with temporalis fascia or the native disc, if it can be salvaged
  5. Reconstruction of RCU with either DO or CCG and rigid fixation
  6. Early mobilization of jaw; if DO used to reconstruct RCU, mobilize day of surgery; if CCG used, early mobilization with minimal intermaxillary fixation (not  $>10$  days)
  7. Aggressive physiotherapy
-

# Intubation Techniques

- Blind awake intubation
- Fibreoptic guided intubation
- Retrograde intubation
- Tracheostomy
- Light inhalation anesthesia with speedy release of ankyloses followed by intubation

# SURGICAL APPROACHES

## □ PREAURICULAR

- Alkyat bramley
- Blair and Ivy
- Thoma
- Popowich

## □ POSTAURICULAR

## □ SUBMANDIBULAR

## □ POSTRAMAL (HIND'S)

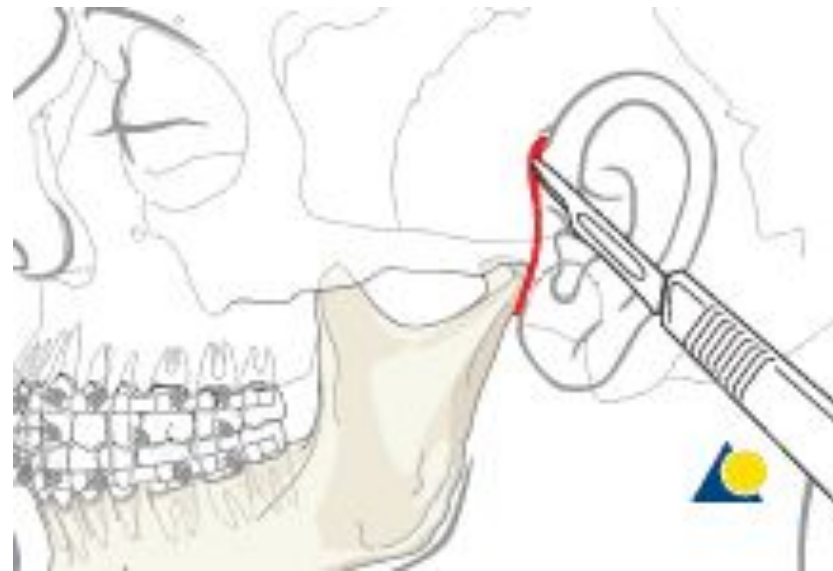
## □ ENDAURAL

## □ RHYTIDECTOMY

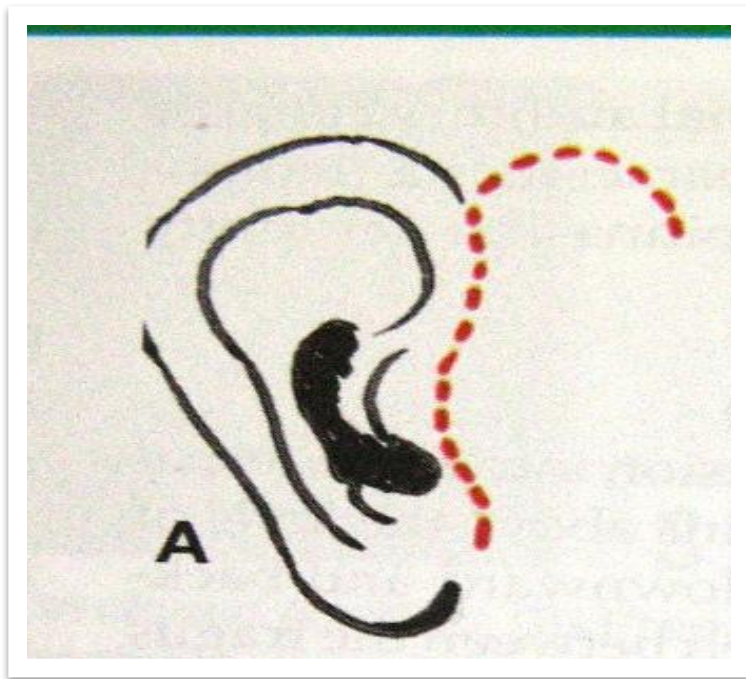
## □ HEMICORONAL OR BICORONAL

# Pre-auricular incision- Dingman

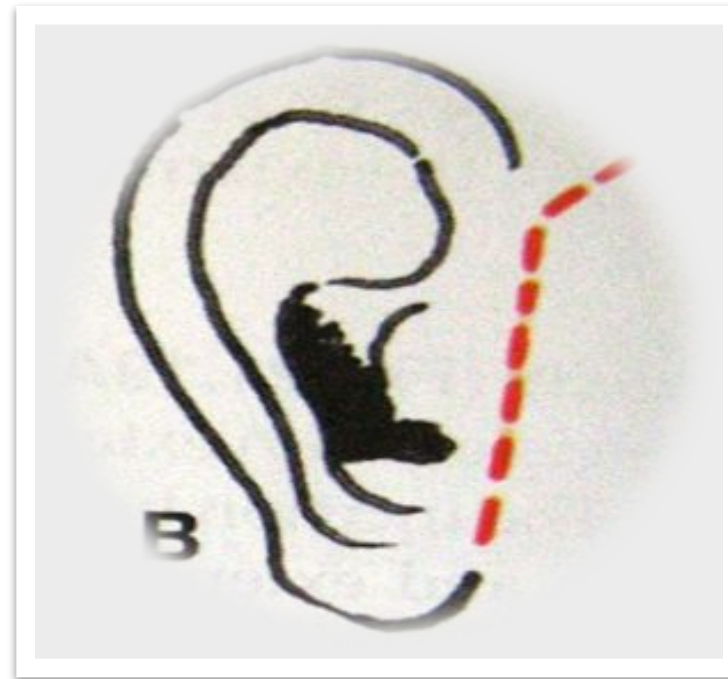
- The preauricular approach can be used to access and treat fractures in the mandibular condylar head and neck region.
- Many surgeons perform temporal mandibular joint (TMJ) surgery and routinely use this incision to access the superior portion of the mandibular condylar process.



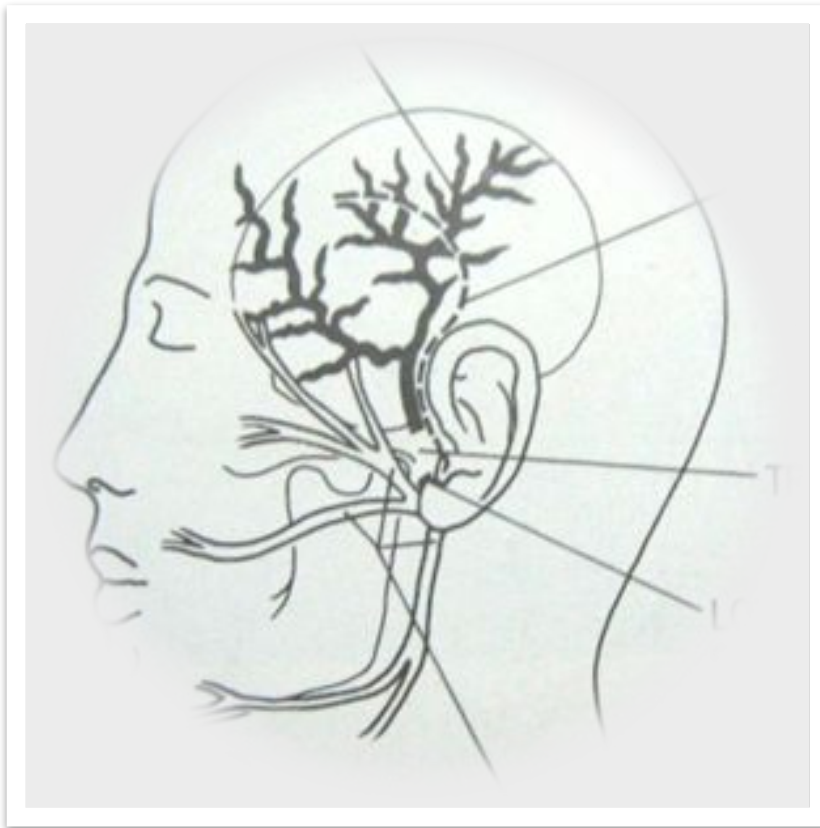
Blair and Ivy in 1936-  
inverted hockey stick



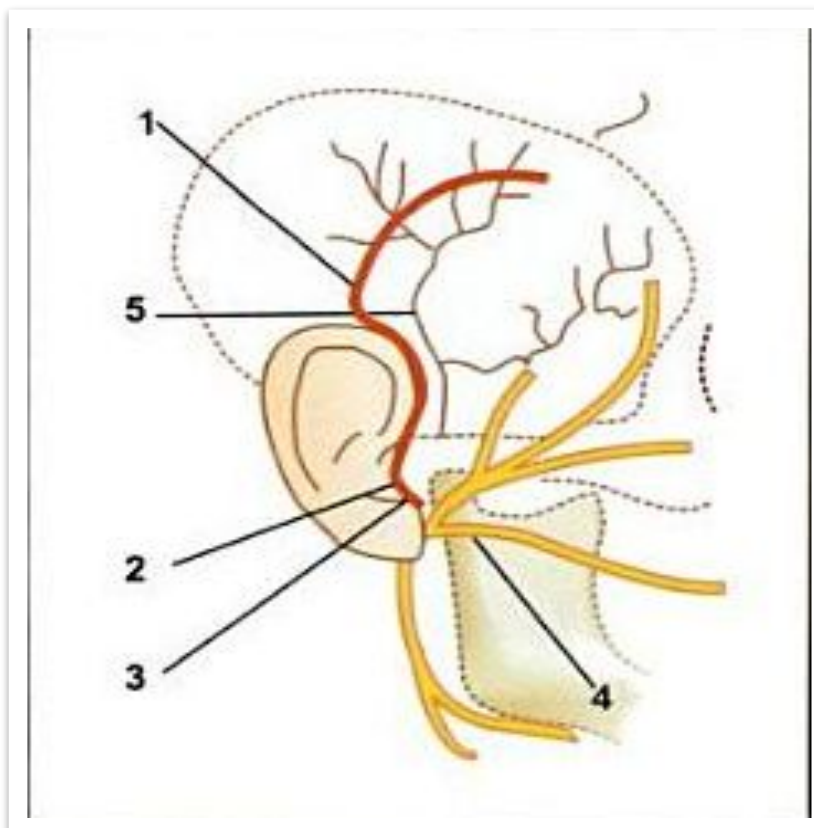
Thoma in 1958- angulated  
vertical incision



Al-Kayat & Bramley in 1979-  
modified preauricular approach



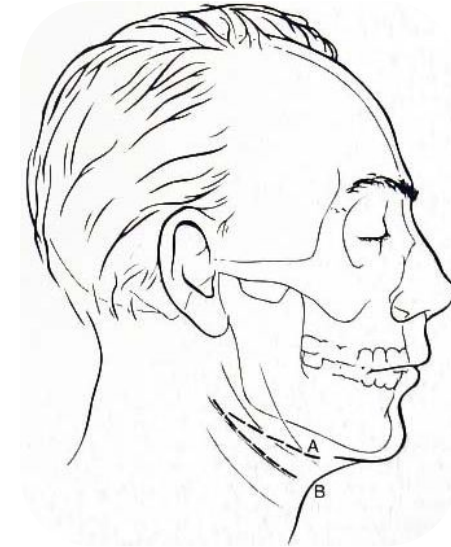
Popowich and Crane in  
1982- question mark





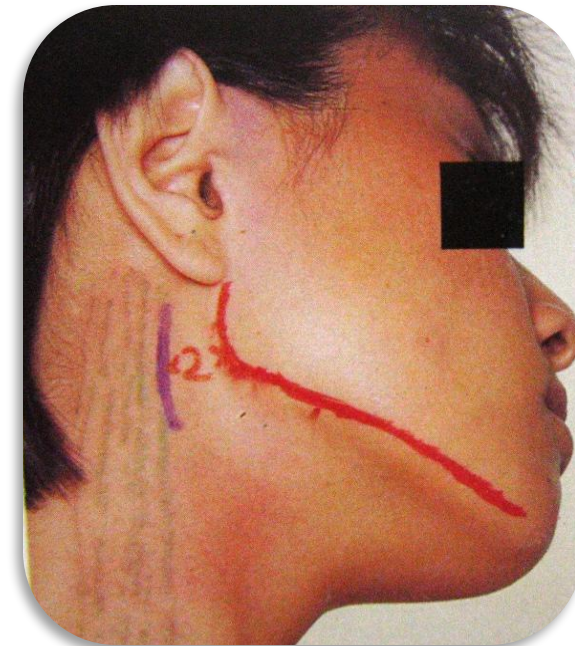
## Submandibular approach

- At least 2cm below mandible
- In cases where access through preauricular approach alone may be unsatisfactory



## Postramal incision (Hinds)

- Incision runs parallel and posterior to the ascending ramus at a distance of 2cm



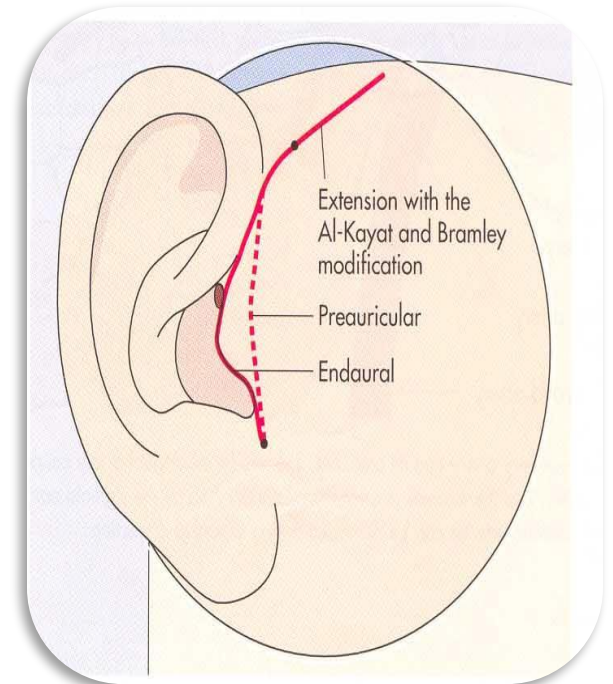
## Coronal approach

- Versatile approach to the upper & middle regions of the facial skeleton
- Minimum complications
- Scar hidden within the hairline



## Endaural incision

- Short facial skin incision with extension into the EAM
- Excellent cosmetics
- Limited access
- Possibility of meatal stenosis



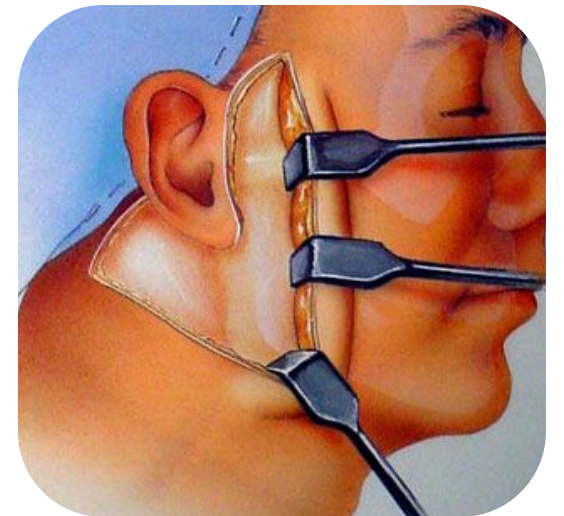
## Postauricular approach

- Excellent exposure of the entire joint
- Ability to camouflage the scar in patients



## Rhytidectomy approach- Zide & Kent

- The facelift approach provides the same exposure as the retromandibular and preauricular accesses combined



# History

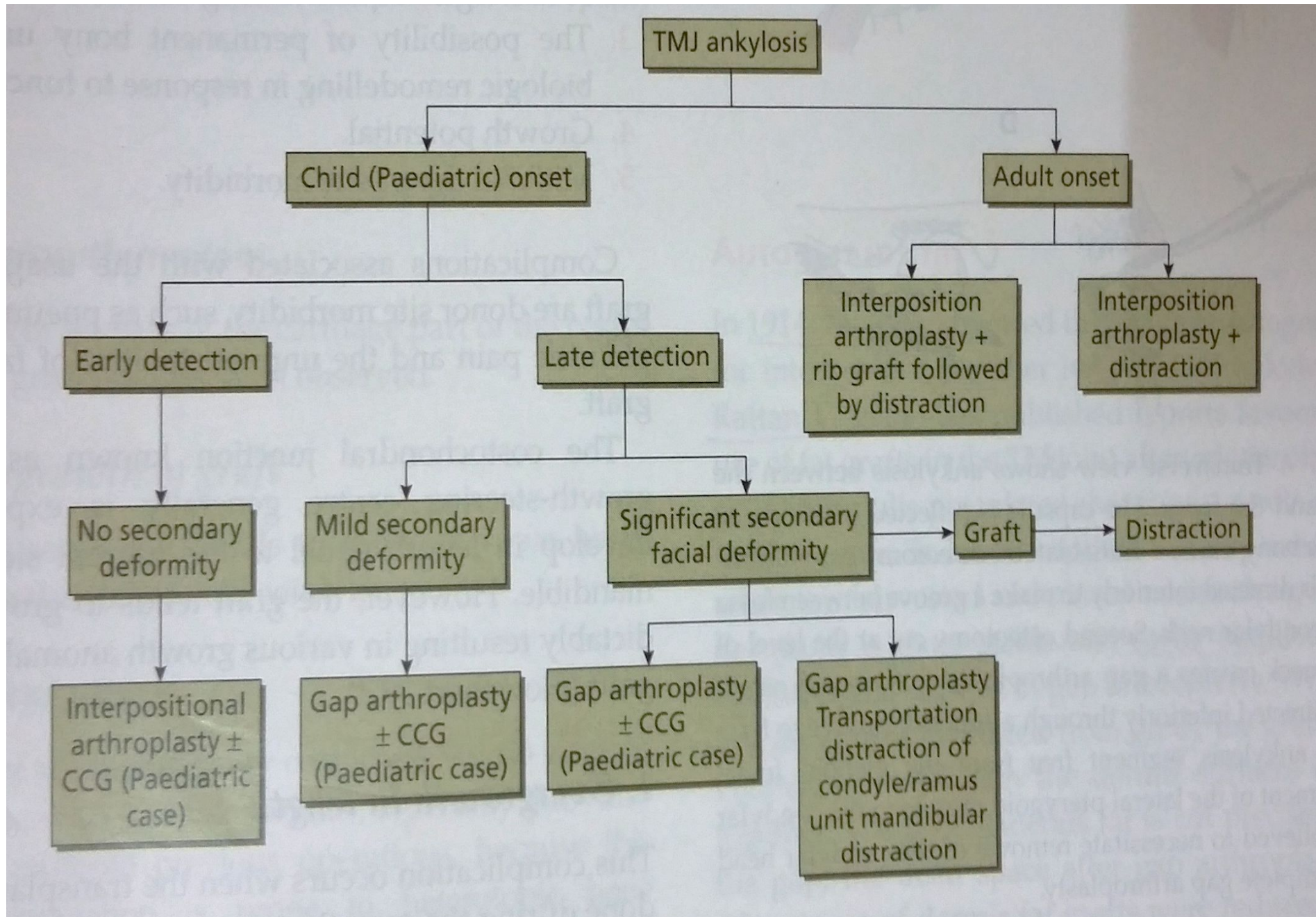
- A submandibular, retromolar approach to TMJ was described by **Risdon in 1937**
- A combined preauricular and coronal approach to TMJ by **Poswillo in 1974**
- The preauricular approach with temporal extension by **Al Khayat and Bramley in 1981**

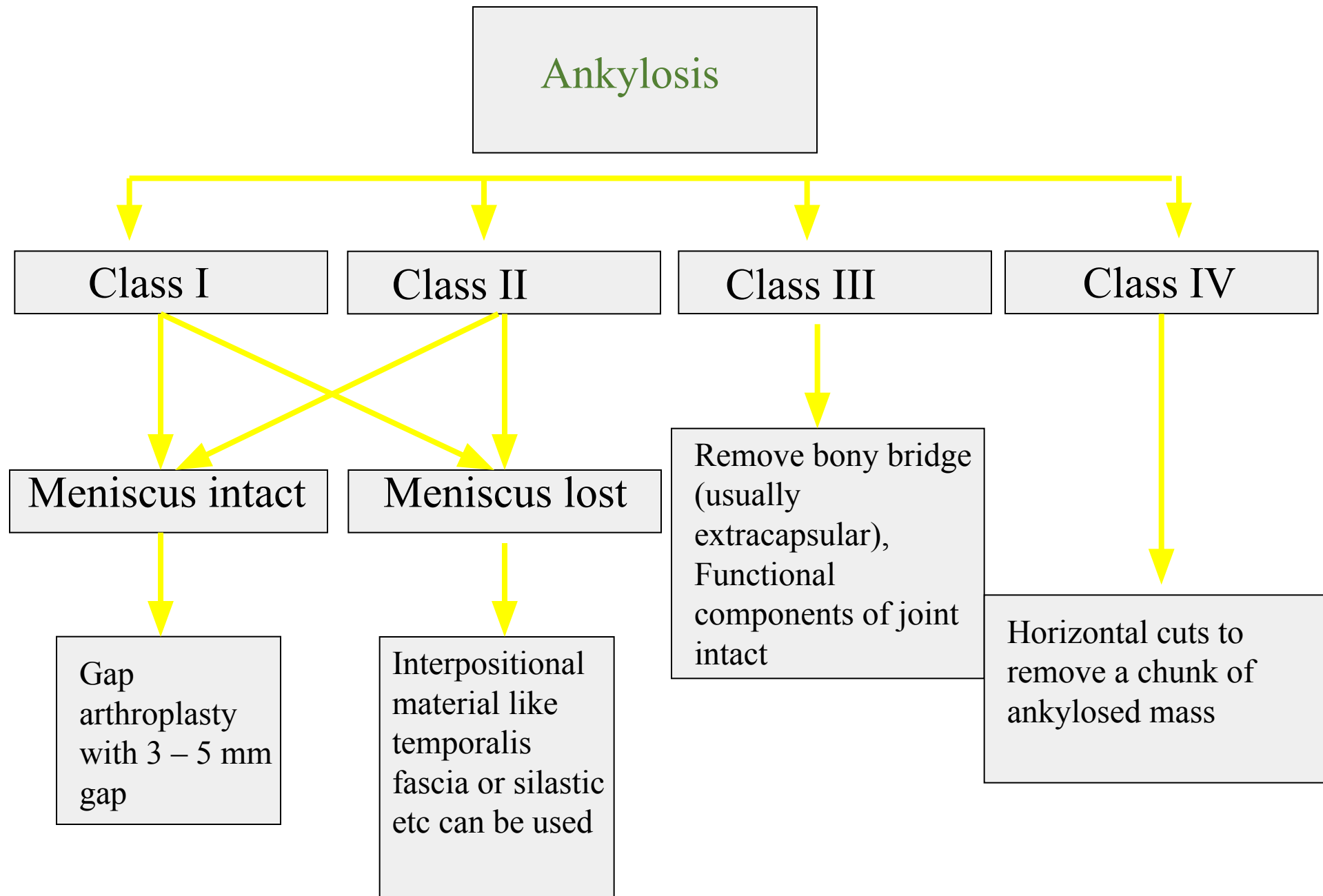
# Objectives

- Maximize exposure
- Prevent Facial nerve damage
- Prevent injury to major vessels
- Prevent parotid gland damage
- Maximize use of skin creases

# TREATMENT OPTIONS

- Gap arthroplasty
- Interpositional arthroplasty
- Total joint reconstruction (TJR)







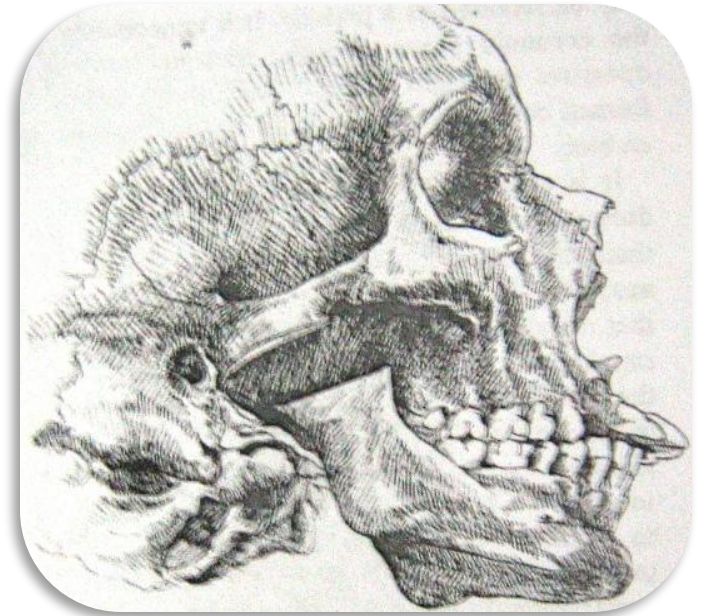
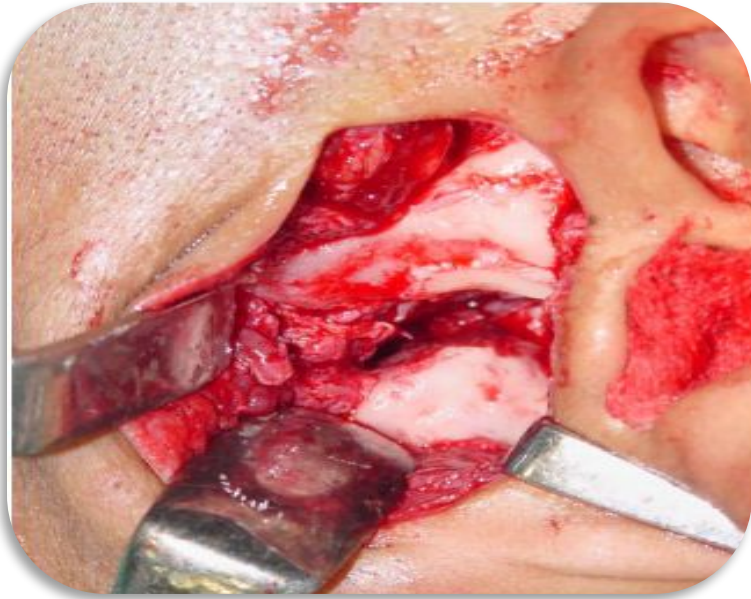
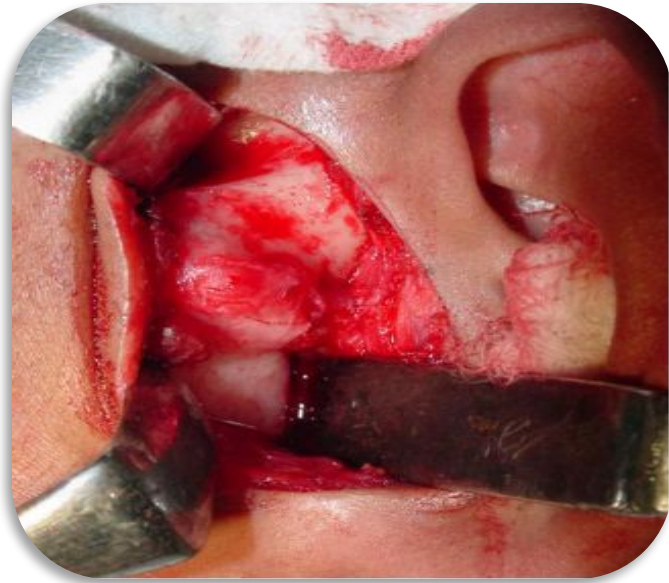
# El – Sheikh 1999

- Radical resection of the ankylosed mass via wide surgical exposure.
- Release of pterygo masseteric sling with resection of the condylar process.
- Restoration of the vertical ramal height and condylar head by CCG.
- Simultaneous correction of jaw bone deformities at the same time as release of the ankylosis.
- Careful selection of the patients who are expected comply with postoperative functional rehabilitation and regular follow up atleast 1 year.

# Gap arthroplasty

- Verneuil in 1826 was the first to do gap arthroplasty.
- The ankylotic mass is shaved to a flat ramus surface.
- If we find a cleavage line, it is used as the superior bony cut plane.
- If there is no cleavage line, an imaginary line through the lower border of the zygomatic arch is considered.
- A gap 7-9 mm wide is then created and measured with the mandible in a resting position.
- If the disc is present in good condition it is used to line the glenoid fossa at the gap.

Ahmed; Conservative gap arthroplasty in temporomandibularankylosis not involving the sigmoid notch:a selected age group study; British Journal of Oral and Maxillofacial Surgery (2016) 1–6



## Advantages

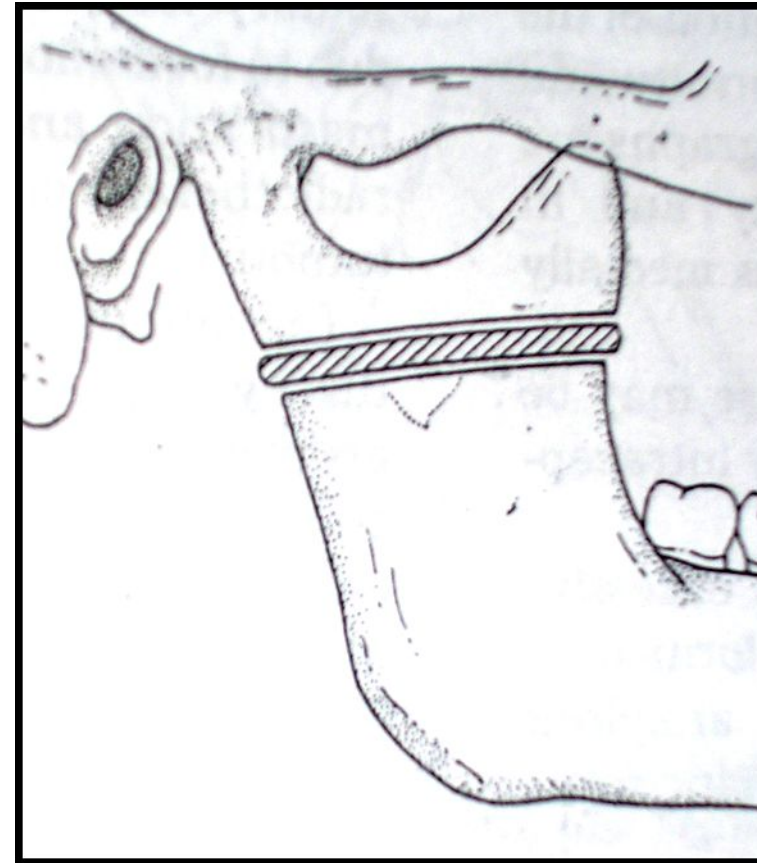
- Simplicity
- Short operating time

## Disadvantages

- Pseudo-articulation
- Short ramus height
- Failure to remove all bony disease
- Development of open bite
- Recurrent ankylosis (60%)

# Interpositional arthroplasty

- First introduced by **Verneuil in 1860**  
It minimizes reduction in the vertical height of ramus and reduce the risk of relapse and malocclusion



Junli Ma et al; Interpositional arthroplasty versus reconstruction arthroplasty for tmj ankylosis: A systematic review and meta-analysis; J of Cranio-Maxillo-Facial Surgery 43 (2015) 1202e1207

# Interpositional materials

Autogenous	Allogenuous	Alloplastic
Costochondral	Chromatized submucosa of pig bladder	Metallic-tantalum foil/ plate
Metatarsal	Lyophilized bovine cartilage	316L stainless steel
Sternoclavicular		Titanium
Auricular cartilage		Gold
Temporal fascia		Nonmetallic
Fascia lata		Silastic
Dermis		Teflon
Temporalis muscle		
		Acrylic
		Nylon
	Proplast	
	Ceramic implants	

# Ideal requisites of interpositional materials

- Cost effective
- Cosmetic consequences of harvesting should be minimal
- Stable under masticatory force
- Minimal risk of infection
- Obliterate dead space
- Prevent recurrence caused by heterotrophic calcification

Basal et al; Interpositional arthroplasty versus reconstruction arthroplasty for temporomandibular joint ankylosis: A systematic review and meta-analysis BJOMS 2015

## Disadvantages of interpositional materials

### **Alloplastic materials**

- Foreign body reaction
- Instability
- Infection
- Extrusion

### **Autogenous materials**

- All have some donor site morbidity
- Muscle flaps tend to contract and become fibrous
- Cartilage may calcify
- Thin grafts such as skin, dermis and auricular cartilage may not maintain the height of the ramus adequately, and may perforate under pressure from the condyle

Lokesh Babu et al; Is aggressive gap arthroplasty essential in the management of tmj ankylosis?—a prospective clinical study of 15 cases; *BJOMS* 51 (2013) 473–478



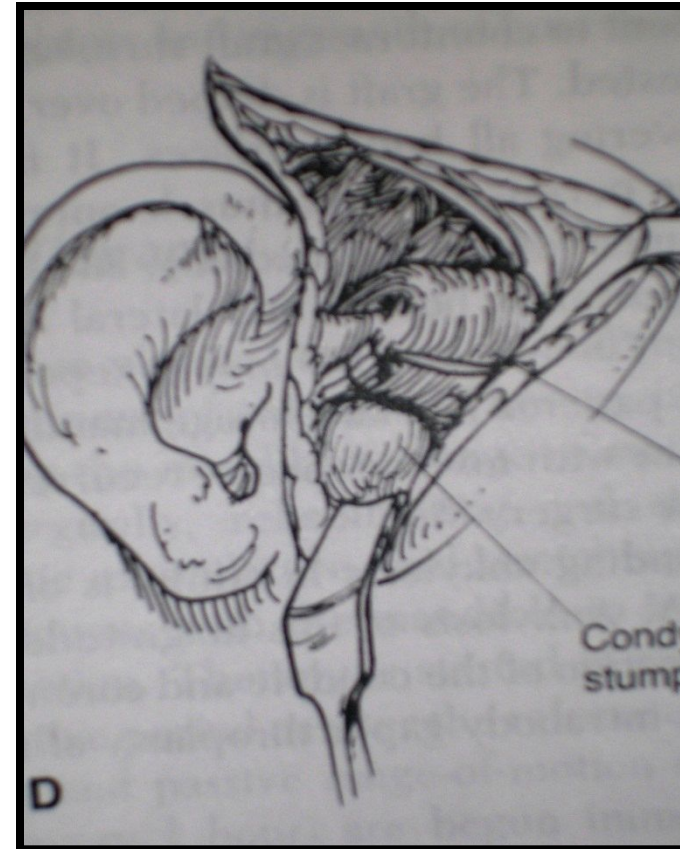
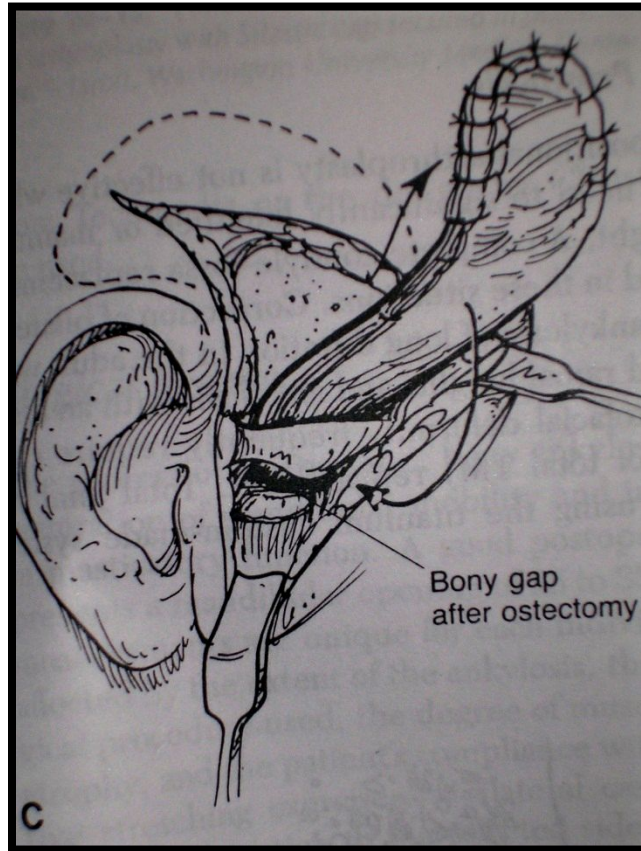
# Temporalis fascia

- The deep temporal fascia is supplied by the middle temporal artery, a branch of the superficial temporal artery.
- A temporal fascia (vascularised) flap is a locally available axial pattern flap that has fewer chances of absorption and fibrosis.

## Advantages :

- Relatively simple and easy to raise
- Rich blood supply
- Minimal donor site morbidity
- The donor site was close at hand, and it was always available

Lokesh Babu et al; Is aggressive gap arthroplasty essential in the management of temporomandibular joint ankylosis?—a prospective clinical study of 15 cases; *BJOMS* 51 (2013) 473–478



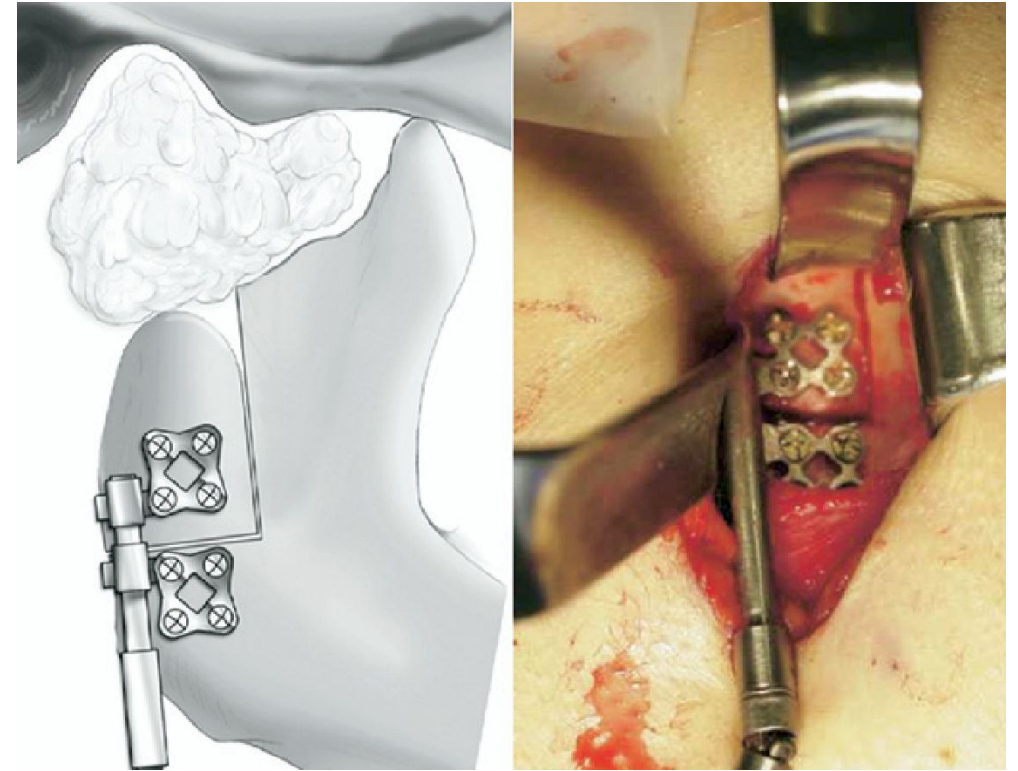
*K. Su-Gwan: Treatment of temporomandibular joint ankylosis with temporalis muscle and fascia flap. Int. J. Oral Maxillofac. Surg. 2001; 30: 189–193.*

# Distraction Osteogenesis for TMJ Reconstruction

- An L-osteotomy is used to create the transport disc.
- The vertical limb of the “L” parallels the vector that will take the disc into the glenoid fossa.
- The superior portion of the disc is rounded to make a new articular surface.
- A small portion of the osteotomy is left incomplete to stabilize the disc during placement of the distractor.
- The vascular attachments on the medial aspect of the disc are maintained.

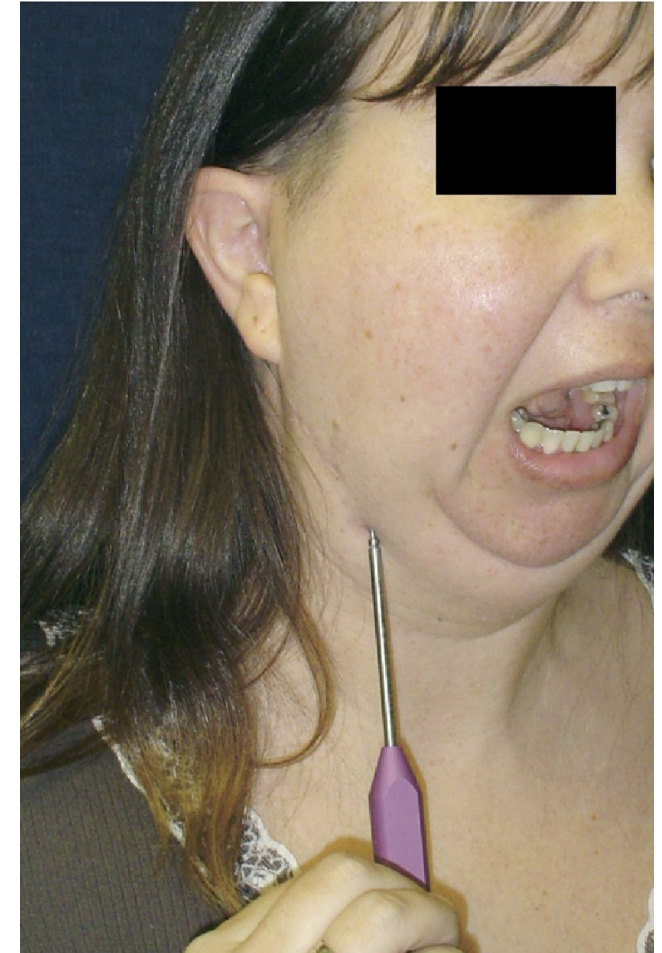


- A distractor length ranged between 13 and 30 mm is used.
- Attachment plates are chosen and trimmed according to the anatomy. At least 3 screws are placed in each plate.
- The dead space is filled with a fat graft (left) or temporalis flap, to inhibit heterotopic bone formation.

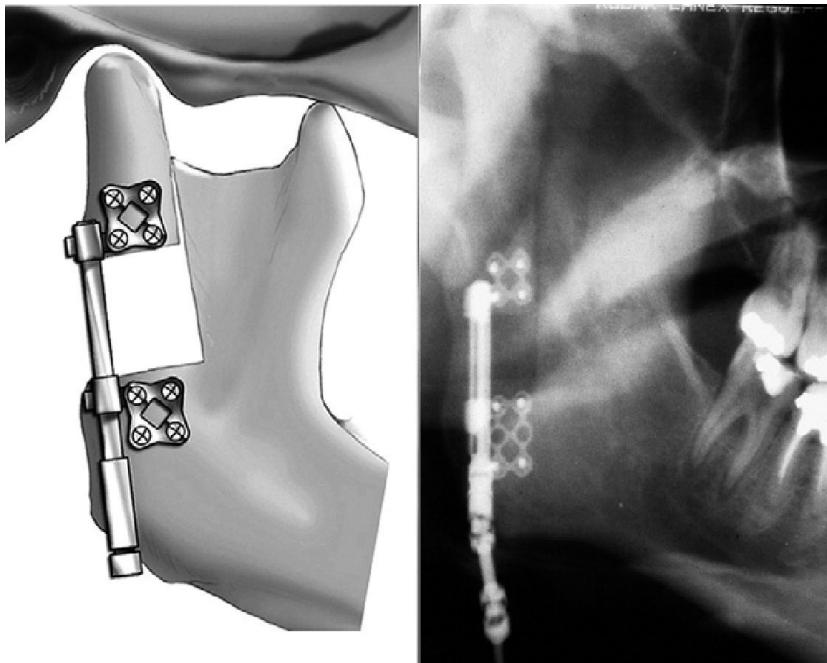


*Harry C. Schwartz, and Robert J. Relle, Distraction Osteogenesis for Temporomandibular Joint Reconstruction J Oral Maxillofac Surg 66:718-723, 2008*

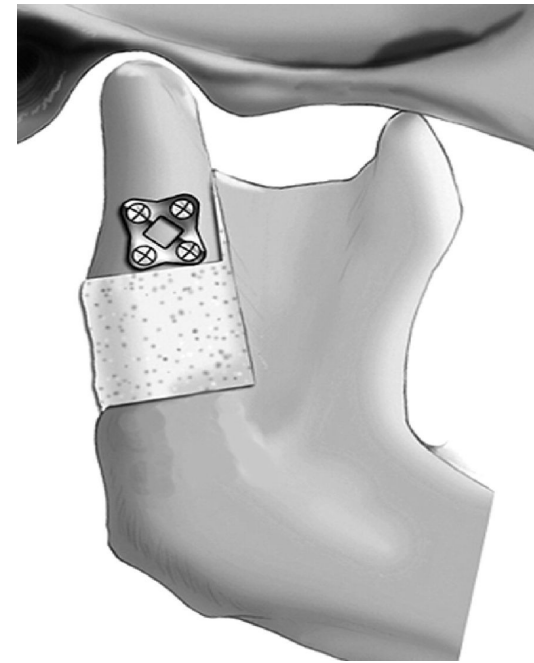
- The distraction rod is brought through the skin of the neck through a separate stab incision.
- After a latency period of 7 days, distraction of 0.5 mm is carried out twice daily.
- Mobilization is begun immediately and maintained throughout distraction.
- This is a major advantage of the technique.



*Harry C. Schwartz, and Robert J. Relle, Distraction Osteogenesis for Temporomandibular Joint Reconstruction J Oral Maxillofac Surg 66:718-723, 2008*



Distraction is discontinued when the occlusion reaches the desired position. Overcorrection may be used. The activation rod is removed or cut short below the skin. The distractor acts as a rigid fixator while callus produces new bone in the distraction gap.



After 3 months, the distractor is removed through the same submandibular incision. The superior attachment plate has moved far from the incision and is left in place. Callus in the distraction gap has formed woven bone, which is remodelling into solid lamellar bone.

## Advantage of DO

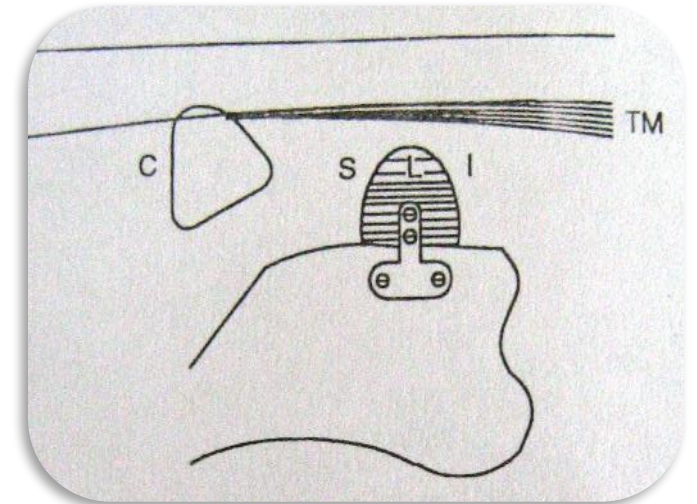
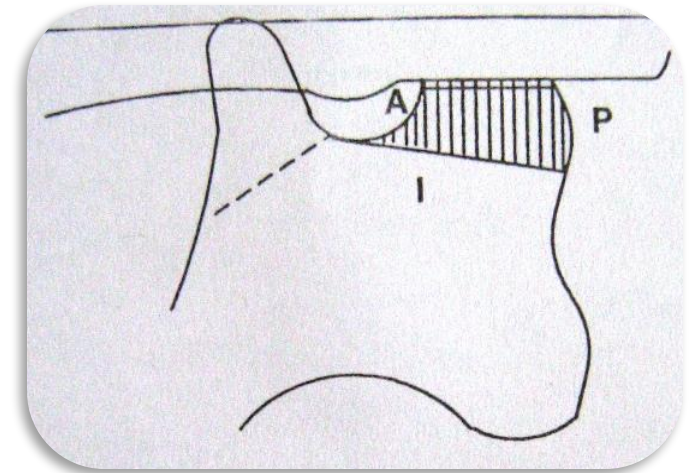
- Eliminates donor site morbidity
- Allows immediate mobilization of the jaw
- Relapse rate is much less
- Early mobilization

## Disadvantage

- Additional operations might be necessary to correct any residual asymmetry after the end of growth
- Duration is longer
- Patients compliance
- Device failure
- Infection

# Residual ankylotic mass

- The reconstruction of the condyle with ankylotic bone was first described by **Gunaseelan in 1997**

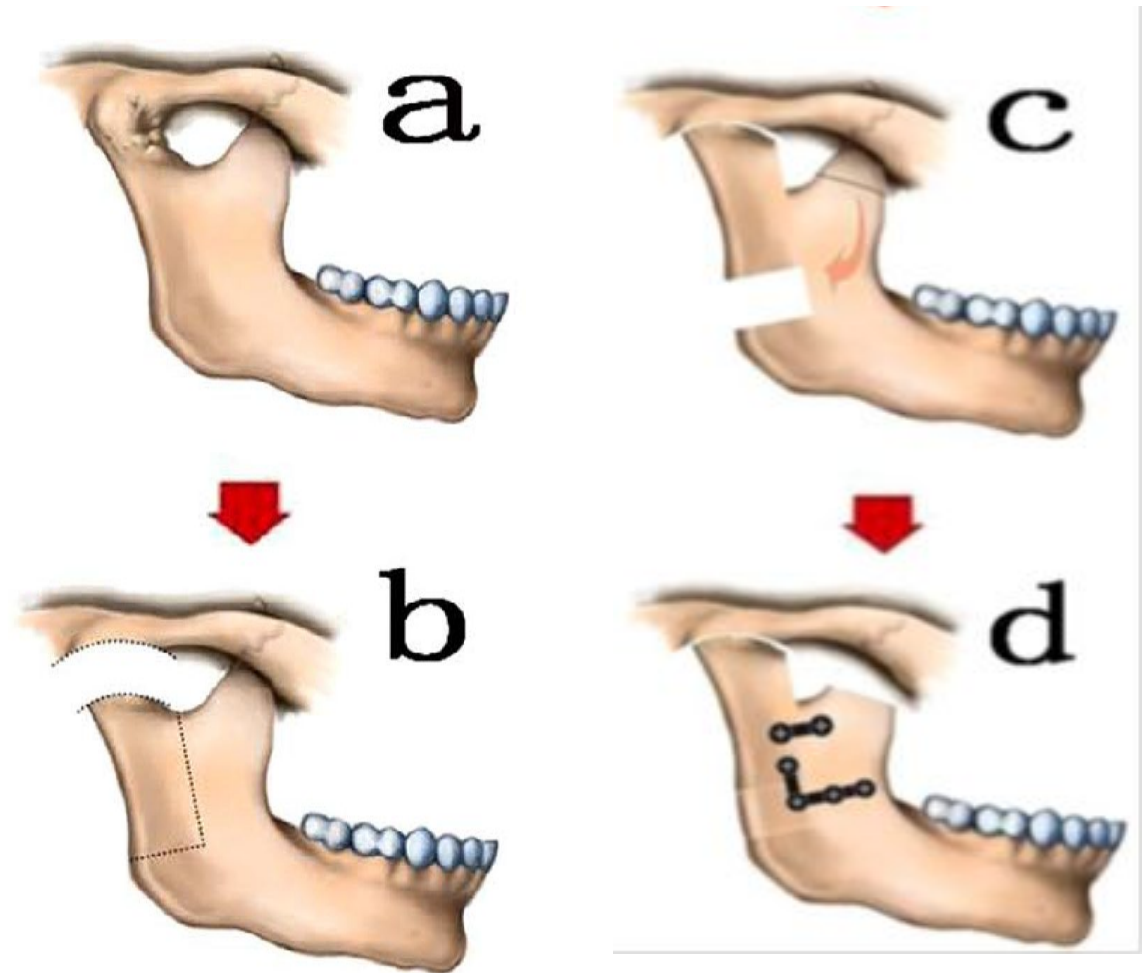


**Bansal et al; Coronoid process and residual ankylotic mass as an autograft in the management of ankylosis of the temporomandibular joint in young adolescent patients: a retrospective clinical investigation ; BJOMS 54 (2016) 280–285**



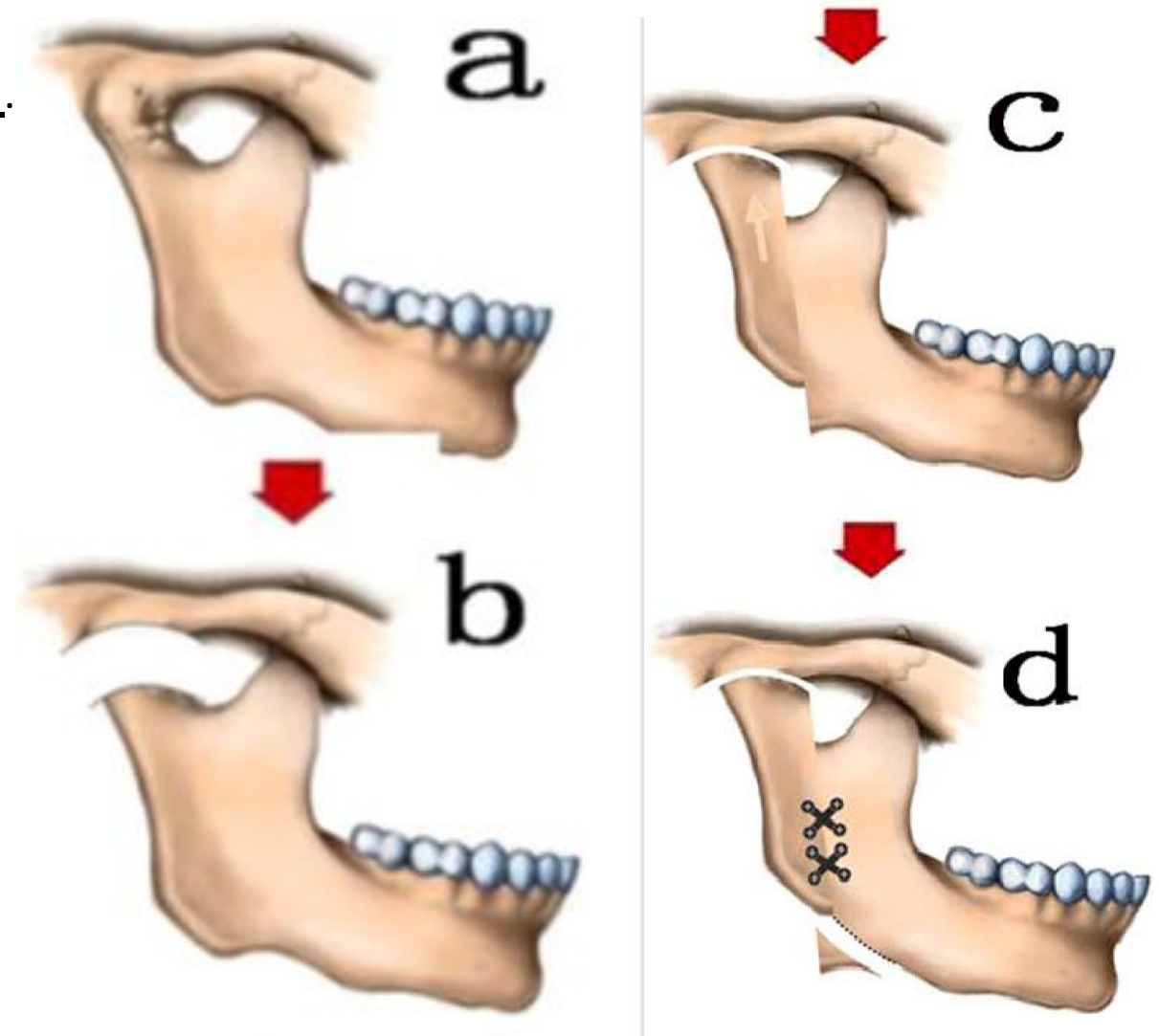
# Sliding reconstruction of the condyle using posterior border of mandibular ramus in TMJ ankylosis

- Vertical osteotomy was performed on the proximal posterior border of the mandibular ramus till 1.0 cm above the angle and the osteotomized segment was moved up.
- The ipsilateral autogenous coronoid was implanted in the gap and fixed with titanium miniplates.



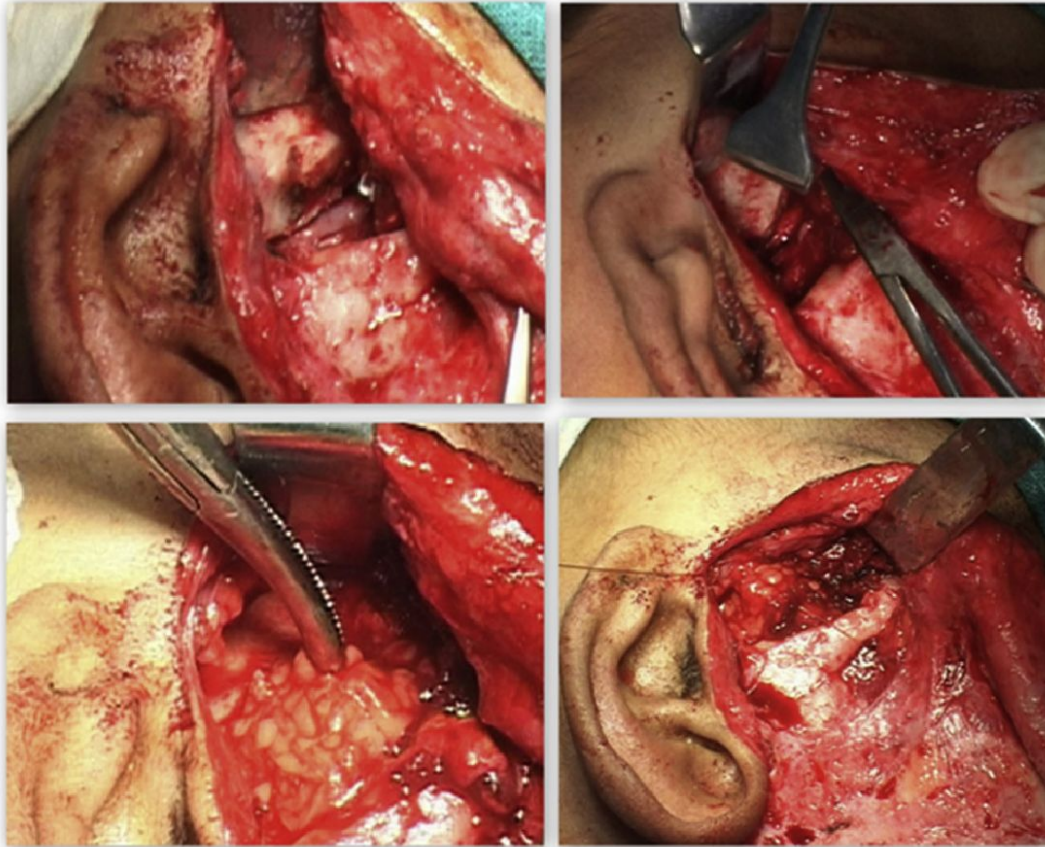
## The bony block and prominent antegonial notch.

- The bony block was resected and the glenoid fossa was recreated.
- Vertical osteotomy was performed on the entire posterior border of the mandibular ramus and then moved up.
- Fixation of the bone graft with titanium miniplates and resection of prominent antegonial notch.



**Y. Liu, A. et al: Sliding reconstruction of the condyle using posterior border of mandibular ramus in patients with temporomandibular joint ankylosis. Int. J. Oral Maxillofac. Surg. 2011; 40: 1238–1245.**

# Buccal fat pad



## Advantages

- Less chance of resorption
- Good long term interpositional material

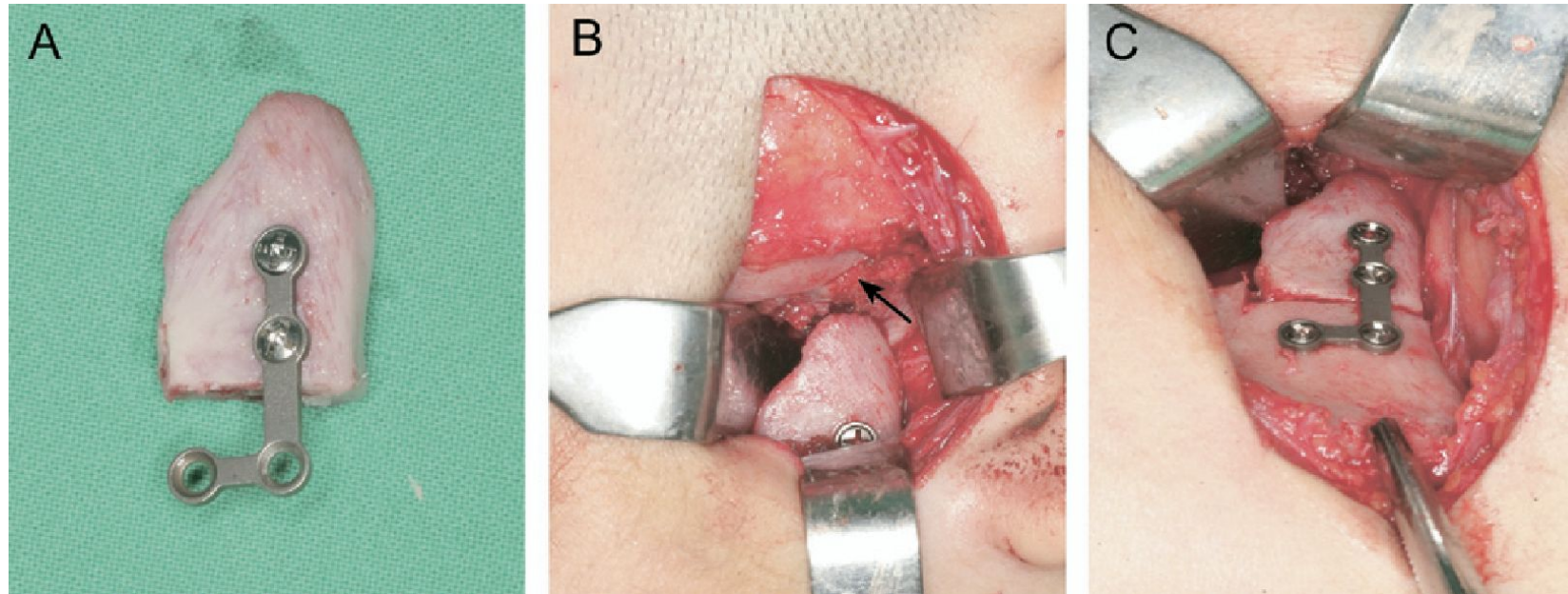
The long-term fate of pedicled buccal pad fat used for interpositional arthroplasty in TMJ ankylosis; J of Plast, Reconst & Aesthetic Surgery (2012) 65, 1468e1473

# Coronoid process- Youmans and Russell 1969

- In patients with ankylosis of the TMJ the coronoid is thicker than the normal one, so it can provide sufficient strength for loading of the TMJ after condylar replacement.
- Avoids a second surgical site and the related donor-site complications, which facilitated the operation and reduced the intervention.
- Less resorption

**Zhu et al; Free grafting of autogenous coronoid process for condylar reconstruction in patients with temporomandibular joint Ankylosis; (Oral Surg Oral Med Oral Pathol Oral Radiol Endod 2008;106:662-7)**

**A:** The coronoid process prepared for grafting. **B:** The use of native articular disc as an interpositional tissue (*arrow*). **C:** The fixation of coronoid process.



**Zhu et al; Free grafting of autogenous coronoid process for condylar reconstruction in patients with temporomandibular joint Ankylosis; (Oral Surg Oral Med Oral Pathol Oral Radiol Endod 2008;106:662-7)**

# Fat Graft

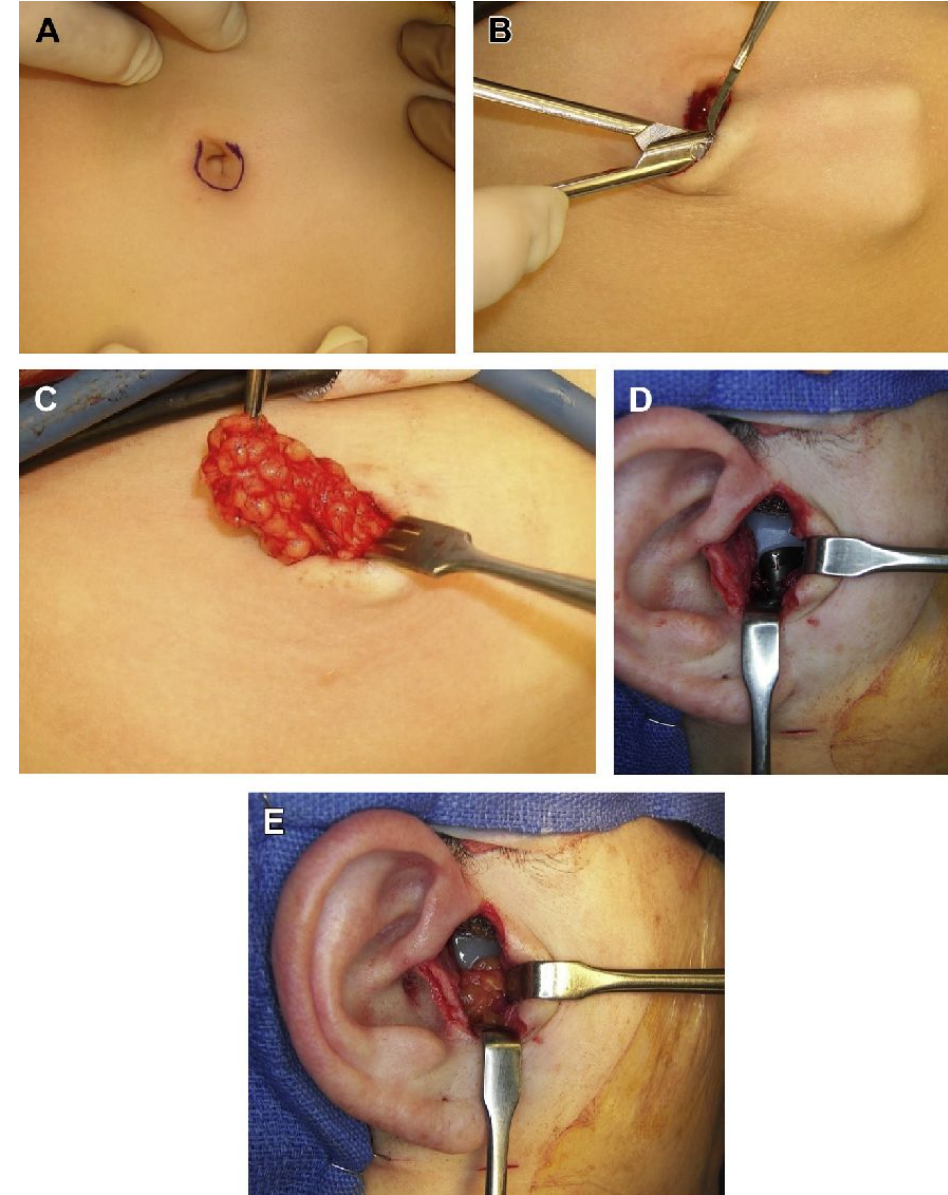
(A) Marked periumbilical incision for harvest of abdominal fat graft.

(B) Undermining of skin and fat before harvest.

(C) Composite harvest of abdominal fat.

(D) Exposure of graft site for circumferential augmentation of fat graft.

(E) Adaptation of fat graft before closure



# TMJ RECONSTRUCTION

## Goals

- Restoration of normal joint function
- Restoration normal posterior vertical dimensions and length
- Stable skeletal occlusal relationship
- Maintenance of facial symmetry
- Lifetime maintenance of restored function, comfort and esthetics

# Autogenous TMJ replacement

- 1909 – Bardenheuer - replaced condyle - 4<sup>th</sup> metatarsal
- 1920 - Gillies used costochondral graft

## Donor site alternatives

### Ramus condylar unit

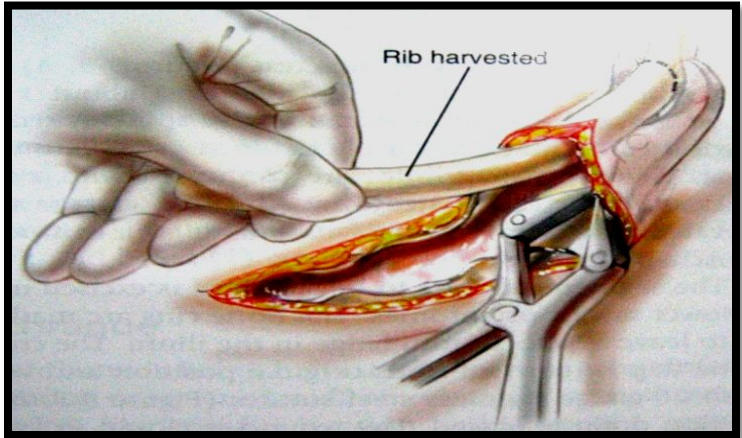
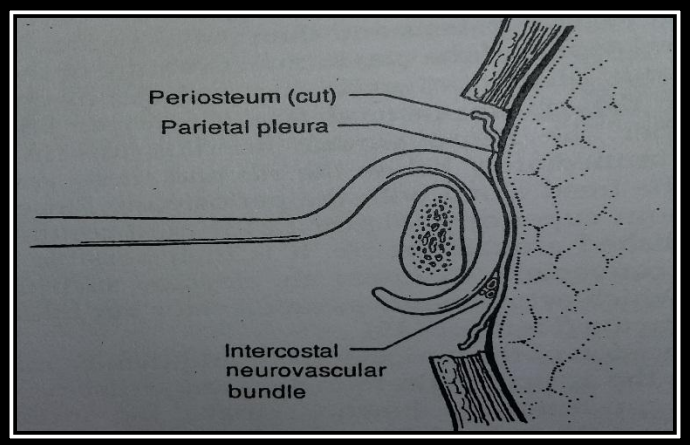
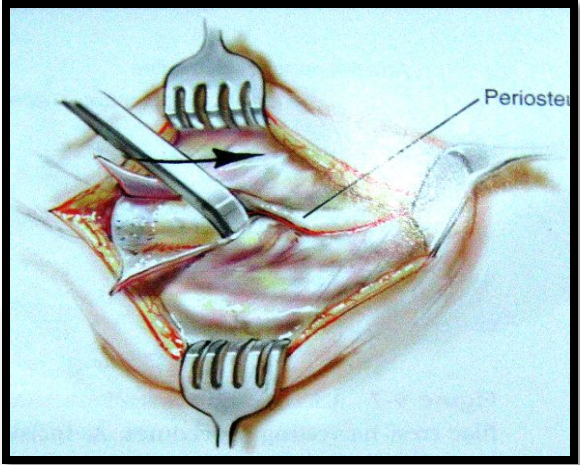
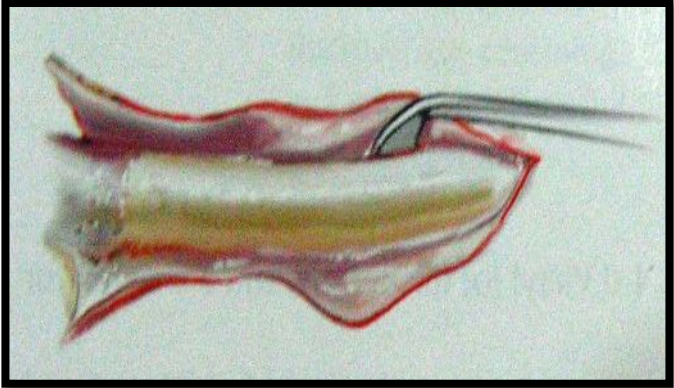
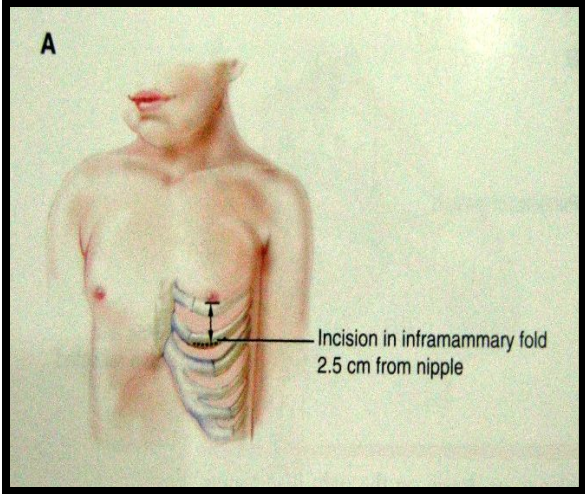
- Costochondral graft
- Metatarsal graft
- Sternoclavicular joint graft
- Fibula graft
- Iliac graft

### Glenoid fossa lining

- Dermis graft
- Auricular cartilage graft
- Temporalis myofascial flap



# RCU reconstruction- CCG



# CCG

## Advantages:

- Most widely used
- Has a cartilage cap, mimicking both the bone and cartilaginous components
- Has intrinsic growth potential
- Easy accessibility and adaptation
- Gross anatomical similarity to the mandibular condyle

## Limitations:

- Unpredictable growth
- Poor bone quality
- Possible separation of cartilage from bone

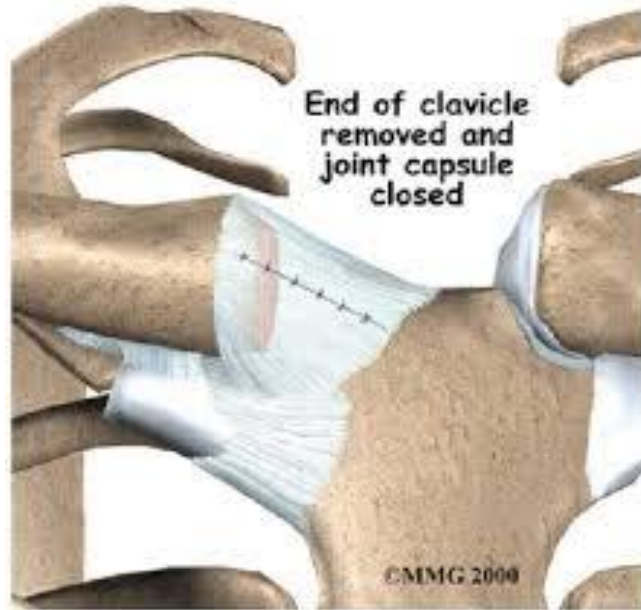
## Donor-site complications:

- Pleural tear
- Pneumothorax
- Pleural effusion

# Sternoclavicular

## Advantages

- Similar anatomical and physiological characteristics.
- Consists of a cartilaginous cap.
- Option for a whole joint graft.
- Has the potential for growth.
- Probability of regeneration at donor site



## Donor site

### complications:

- Damage to the great vessels.
- Instability of the clavicle under stress with resulting shoulder instability.
- Clavicle fracture.

# Metatarsophalangeal

## Advantages:

- Combination of articular cartilage and bone.
- Fitting anatomy because of small size.
- Has potential for growth.

## Donor-site complications:

- Aesthetic loss of a toe.
- MTP joint being a simple hinge joint does not follow the same movements as the TMJ

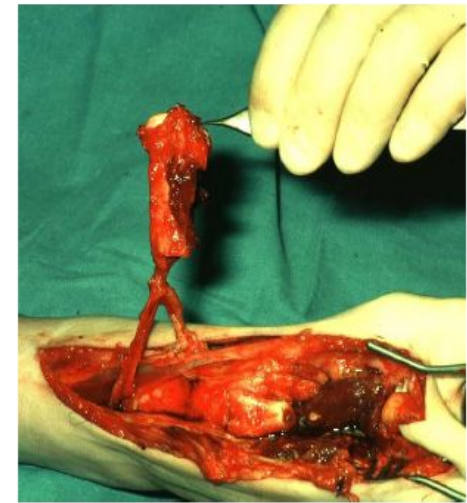
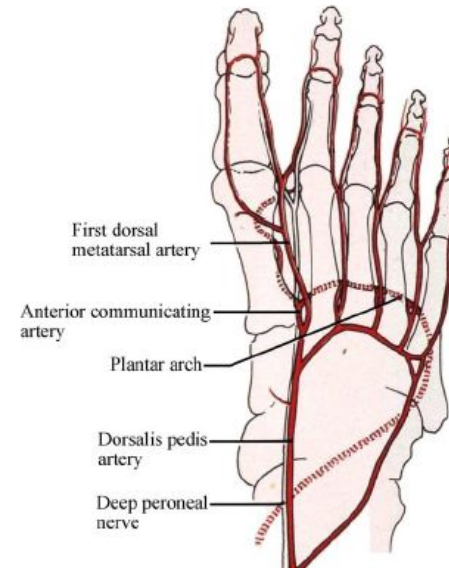


Figure 2 Disarticulated second metatarsal before division of the pedicle.

# Fibula

## Advantages

- Tubular in shape and densely cortical.
- Vascularized graft has better survival rate.
- More suitable for large mandibular defects



## Limitations

- Lacks articular cartilage

## Donor-site complications

- Ankle stiffness, instability and weakness
- Numbness of the lateral side of the leg
- Pedal ischaemia and foot oedema

# Iliac crest

## Advantages:

- Has a cartilage cap, mimicking both the bone and cartilaginous components.
- Has potential for growth
- More suitable for large mandibular defects

## Donor-site complications:

- Altered gait
- Poor scar
- Ilium fracture
- Peritonitis
- Retroperitoneal haematoma

# Alloplastic joint replacements

## History

- 1840– John Murray treated ankylosis - wood block
- 1890– Gluck - ivory prosthesis
- 1933 – Risdon – gold foil
- 1947 – Goodsell - titanium foil
- Total joint - Kent-Vitek prosthesis in 1970
- Christensen – 1964 - lined glenoid fossa —vitallium
- Chase – 1995 - chromium cobalt head

# Protocol for joint replacement

- Release the ankylosed joint.
- Remove the heterotopic and reactive bone with thorough debridement.
- Reconstruct the TMJ with a total joint prosthesis.
- Pack a fat graft around the articulation area of the prosthesis.
- Perform indicated orthognathic surgery in a single surgery.

Wolford et al; Temporomandibular Joint Ankylosis Can Be Successfully Treated With TMJ Concepts Patient-Fitted Total Joint Prosthesis and Autogenous Fat Grafts; j.joms.2016.01.017



# **Indications**

- Ankylosed, degenerated or resorbed joints with severe anatomic discrepancies.
- Failed autogenous bone grafts.
- Recurrent ankylosis

# **Relative contraindications**

- Patient age
- Lack of understanding of the patient
- Uncontrolled systemic disease
- Allergic to materials used in devices
- Active infection at implantation site

# Advantages

- Physical therapy can begin immediately.
- No need for second donor site.
- Reduced surgical time.
- Alloplasts – mimic normal anatomic contours, better adapted to the bony surfaces.
- Stable occlusion post-operatively.
- Decreased hospital stay.
- Opportunity to manipulate prosthesis design to discourage heterotrophic bone formation

Wolford et al; Temporomandibular Joint Ankylosis Can Be Successfully Treated With TMJ Concepts Patient-Fitted Total Joint Prosthesis and Autogenous Fat Grafts; [j.joms.2016.01.017](http://j.joms.2016.01.017)

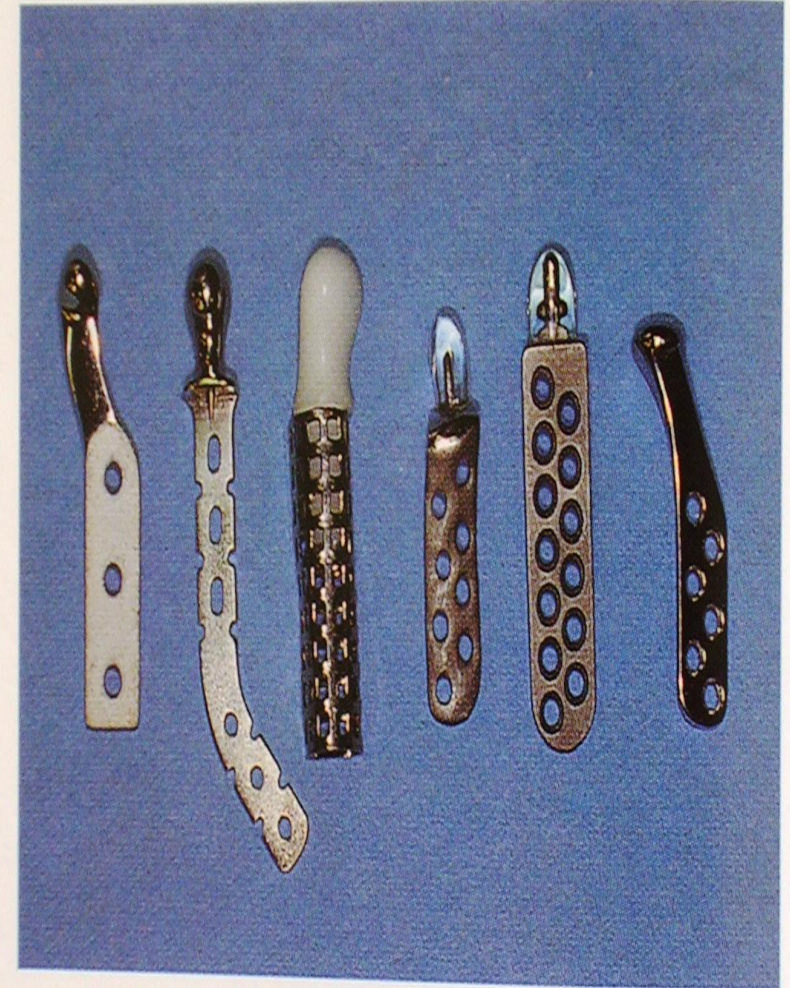
# Disadvantages

- Cost of prosthesis
- Material wear and failure
- Long term stability
- Inability to follow patients growth
- Potential for severe giant cell reactions
- Fit limitations of stock prosthesis

# Alloplastic TMJ prosthesis

- Fossa prosthesis
- Condylar prosthesis
- Total joint prosthesis

- Kent- Vitek
- Synthes
- Delrin -Timesh
- Christensen
- Biomet Lorenz



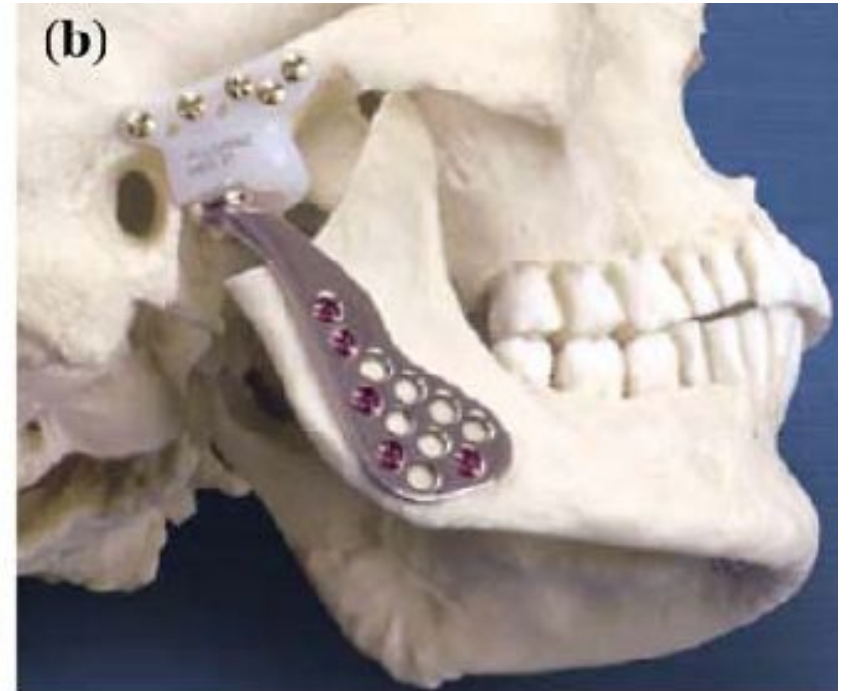
Alloplastic condylar prostheses. Left to right: Kent-Vitek, Synthes, Delrin-Timesh, Type I-Christensen, Type II-Christensen, and Biomet-Lorenz.

# Biomet Lorenz Prosthesis

- The mandibular component is manufactured from Co-Cr alloy with a roughened titanium plasma coating on the host bone side of the ramal plate
- The condylar component is secured to the ramus with self retaining, cross drive 2.7-mm self-tapping bone screws made of titanium alloy
- The ramus of the mandibular component is currently manufactured in lengths of 45 mm, 50 mm, and 55 mm

- The fossa component is manufactured from a specific grade of ultrahigh molecular weight polyethylene called Arcom manufactured by Biomet.
- The fossa is fixed to the zygomatic arch with self-retaining, self tapping 2-mm cross drive screws

# Lorenz Prosthesis





# Christensen

□ The Christensen TMJ fossa eminence prosthesis (FEP) is designed to be used alone as a partial joint for treatment of

- Severe internal derangement
- Adhesions
- Disc perforation
- Ankylosis

□ The condylar prosthesis is always used in conjunction with a FEP and constitutes a total joint replacement.



# Complications of TMJ surgery

## Intra op

- Hemorrhage
- Damage to external acoustic meatus
- Parotid gland fistula
- Damage to auriculotemporal nerve
- Damage to zygomatic and temporal branch of facial nerve

## Post op

- Transient facial nerve weakness
- Infection
- Auriculotemporal nerve injury- Frey's syndrome

# Long term complication

- Partial graft resorption
- Loose hardware
- Facial scarring
- Condylar overgrowth
- Limited mouth opening
- Reankylosis